

**COMMUNITY RESOURCES
FOR
CHILDREN AND FAMILIES**



**A Directory Produced By:
The Department of Human Services
Town Hall, Westport, CT 06880
2006**

Dear Westport Residents and Community Professionals:

This directory, created by the Department of Human Services, is meant to provide information about the community resources available to families and children in Westport.

Every effort has been made to provide information that is complete and up-to-date. However, due to the ever-changing resources available, readers are encouraged to contact and verify the following information. Our department appreciates your comments, suggestions, and additions, especially since we cannot claim to have listed every service or program.

To make additions or revisions to the directory, please email, revisions and/or additions to HUMANSRV@WESTPORTCT.GOV or Fax or mail updates to:

The Department of Human Services
Town Hall, Room 200
110 Myrtle Avenue
Westport, CT 06880
Fax: 341-1073 Phone: 341-1050.

Please note: A listing in this directory does not constitute an endorsement or a recommendation of any program or service. It is provided solely as a service to Westport residents and community professionals.

TABLE OF CONTENTS:

DEPARTMENT OF HUMAN SERVICES.....	4
EMERGENCY NUMBERS.....	6
24 HOUR HOTLINE and HELPLINES.....	7
WESTPORT PHONE NUMBERS and ROUTINE CALLS.....	8
EDUCATION.....	9
HEALTH CARE GENERAL INFORMATION.....	10
INFOLINE & CHILDCARE INFOLINE.....	11
CHILDCARE AND NURSERY SCHOOLS.....	12
FAITH COMMUNITY.....	14
LOCAL TRANSPORTATION INFORMATION.....	15
ADDICTION:	
GAMBLING.....	16
SUBSTANCE USE/ABUSE RESOURCES.....	17
ALCOHOL.....	17
DRUGS.....	18
LOCAL TREATMENT RESOURCES.....	19
TOBACCO.....	23

BASIC NEEDS	
EMERGENCY HOUSING, RESIDENTIAL AND GROUP HOMES.....	24
EMPLOYMENT.....	26
FINANCIAL ASSISTANCE.....	29
FOOD, CLOTHING & HOUSEHOLD GOODS.....	30
CHILD ABUSE, NEGLECT AND DOMESTIC VIOLENCE.....	32
CHILD AND FAMILY SUPPORT SERVICES.....	37
COUNSELING AND MENTAL HEALTH SERVICES.....	42
EATING	
DISORDERS.....	42
DEPRESSION.....	43
SELF-INJURY.....	44
DISABILITIES AND SPECIAL NEEDS	45
ILLNESS AND LOSS COUNSELING.....	49
INTERNET SAFETY.....	50
LEGAL RESOURCES AND MEDIATION SERVICES.....	51
YOUTH AND THE LAW.....	54
POSITIVE YOUTH DEVELOPMENT (PYD).....	56
<i>PARENTING EDUCATION, GROUPS, AND WORKSHOPS</i>	
RECREATION AND YOUTH ENRICHMENT RESOURCES.....	57
SEXUALITY.....	66
ORIENTATION.....	66
AID'S & STD'S.....	67
VOLUNTEERING/COMMUNITY SERVICE.....	70

WESTPORT DEPARTMENT OF HUMAN SERVICES

The mission of the Department of Human Services is to support individuals, children and families with programs and activities that address life-long needs, and to assist residents with social service needs to obtain appropriate services and resources.

As a Town Agency, the Department is responsible for assessing community needs, promoting public knowledge and understanding of identified needs. The Department of Human Services works in partnership with other community organizations, service providers and funding sources.



WESTPORT DEPARTMENT OF HUMAN SERVICES
 Westport Town Hall, Room 200..... 341-1050
 Office Hours..... 8:30 a.m. – 4:30 p.m.

Barbara Butler	Director
Terry Giegengack	Assistant Director, Client Services
Pamela Bass	Social Services Case Worker
Karen Giunta	Social Services Case Worker
Margaret Pinheiro	Administrative Assistant
Beverly Newell	Receptionist

Youth Services Staff

Elaine Daignault	Youth Services Coordinator
Karen Giunta	Service Learning Club Coordinator
Kevin Godburn	Toquet Hall Director
Patty Haberstroh	Positive Youth Development & Parent Education Coordinator
	Mentor Program Coordinator
Chris Lemone	Student Outreach Counselor, Staples High School

Senior Services Staff, Town Hall – Room 200

Maybeth Wirz	Senior Program Coordinator
Susanne Lebrija	Special Services Social Worker

Center for Senior Activities Staff

Susan Pfister	Director
Janet Canning	Program Specialist
Maureen Seirup	Secretary
Alexandra Oudheusen	Program Assistant
Benjamin Palmer	Receptionist

Asistencia en español

EMERGENCY NUMBERS

Available 24 hours a day, 7 days a week

**FOR ALL POLICE, FIRE, AND MEDICAL EMERGENCIES dial:
911**

Automatic relay of TDD calls. - *Individuals with disabilities that may affect emergency response should call 2-1-1 to register in advance.*

Local Emergency Information

Radio: WWPT 90.3FM; TV: Cablevision 12; Public Access:
Channel 79

Recorded Information

School emergency Information.....341-1766
 Power Outage Updates.....22POWER (227-6937)
 Disaster Information.....454-6199

Town Website www.westportct.gov

Disaster Safety Tips www.midfairfieldredcross.org

Infoline ...(www.211infoline.org)...call: 800-233-HELP or.....211
 American Red Cross (Mid-Fairfield County Chapter).....203-847-5847
 Child Find of America (Helps locate missing children).....800-327-KIDS
 Child Protection CARELINE (24 Hour DCF).....800-842-2288
 Domestic Violence Crisis Center.....888-744-2900
 Kids in Crisis Outreach Service.....203-838-9483
 Mobile Crisis Intervention Services For Children.....888-825-6777
 Norwalk Hospital.....203-852-2000
 Office of Victim Services.....800-822-8428
 Poison Control. (UCONN Health Center).....800-222-1222
 Sexual Assault Crisis Center.....888-999-5545
 Westport-Weston Health District.....203-222-3875

HELPLINES AND HOTLINES

AIDS and STD Hotline.....	800-342-2437
Alcoholics Anonymous (AA) Alanon, or Alateen	800-203-1234
Allergy Hotline (Bridgeport Hospital).....	203-384-3879
American Lung Association.....	800-LUNG-USA
Birthright.....	800-550-4900
Child Abuse and Neglect Hotline.....	800-842-2288
Child-Help USA.....	800-4-A-Child
Child Guidance of Mid Fairfield County.....	203-299-1315
Child Support Info Line.....	888-233-7223
Cocaine Anonymous (CA).....	800-347-8998
CT Quitline (Tobacco).....	866-END-HABIT
CT Office of Protection & Advocacy for Persons with Disabilities	800-842-7303
Department of Social Services Information Center.....	800-385-4052
Fairfield County Lawyer Referral Service.....	203-335-4116
Gamblers Anonymous Hotline	800-346-6238
Narcotics Anonymous (NA).....	800-627-3543
National STD Hotline	800-227-8982
National Health Information Center.....	800-336-4797
New National Suicide Hotline (www.hopeline.com).....	800-SUICIDE
Planned Parenthood (Facts of Life Line).....	888-337-FACT
Statewide Legal Services (SLS).....	800-453-3320
Statewide Narcotics Task Force.....	800-44- DRUGS
Voices in Action.....	800-7-VOICE-8

IMPORTANT WESTPORT NUMBERS

Town of Westport Website

<http://www.westportct.gov>

EMERGENCY:	911
Poison Control	800-343-2722
Police Non-emergency	341-6000
Drug Hotline (Police)	454-6464
Fire Dpt. Non-emergency	341-5010
Power Outages Update	227-6937
CL&P	800-286-2000

WESTPORT TOWN HALL	341-1000
Assessor's Office	341-1070
Conservation	341-1170
Controller's Office	341-1080
Dog Warden	341-5076
Housing Authority	227-4672
Human/ Social Services	341-1050
Levitt Pavilion	226-7600
Library	227-8411
Parks and Recreation	341-5090
Cancellations	341-5074
Personnel	341-1090
Planning and Zoning	341-1030
Probate Court	341-1100
Public Works	341-1120
Registrar of Voters	341-1115
Selectwoman's Office	341-1111
Ctr. For Sr. Activities	341-5099
Tax Collector	341-1060

Toquet Hall Teen Center	341-1155
Town Attorney	341-1040
Town Clerk	341-1110
Transfer Station(Town Dump)	341-5078
Zoning Board of Appeals	341-1081

Post Office	
Saugatuck	227-4212
Post Road	222-5490
Greens Farms	259-4378

TRANSPORTATION

Norwalk Transit District	226-7171
Railroad Parking	341-6052
Metro North	800-638-7646
Dpt. of Motor Vehicles	800-842-8222

WESTPORT PUBLIC LIBRARY

www.westportlibrary.org	
General Information	227-8411
Hours/Directions	291-4805
Administration	291-4800
Reference	291-4840
Renewals	227-8411

EDUCATION

Westport Public Schools

www.westport.k12.ct.us

WESTPORT BOARD OF EDUCATION

Superintendent's Office 341-1025
Assistant Superintendent 341-1012
Pupil Services 314-1253
Continuing Education 341-1206
Middle School Afterschool Program
341-1209
Stepping Stones Pre-School
(21/2-5years Coleytown EI) 341-1712

Elementary Schools (Grades K-5)

Coleytown Elementary 341-1700
Kings Highway Elementary 341-1800
Greens Farms Elementary 222-3600
Long Lots Elementary 341-1900
Saugatuck Elementary 221-2900

Middle Schools (Grades 6-8)

Bedford Middle 341-1500
Coleytown Middle 341-1600

High School (Grades 9-12)

Staples High School 341-1200

Private Schools in the area

Greens Farms Academy 203-256-0717
Hopkins School 203-397-1001
Fairfield Prep 203-254-4200
Laurelton Hall 203-877-2786

Infoline: 211 – *call for info on tutoring programs*

SAT Preparatory Programs – *ask a guidance counselor for referrals*

College Financial Aid – www.fafsa.ed.gov

CT Employment and Education Center – 1-800-842-0229

College Scholarship Resources – www.fastweb.com

Armed Forces Recruiting Office – 203-372-6970

General Education Development

GED Prep Courses are offered:

Bridgeport 576-7374, Fairfield 255-8309, Trumbull 452-4301

(Call Continuing Ed, listed above, for more information)

CHET (CT's 529 College Savings Plan).... www.aboutchet.com

HEALTH CARE AND RELATED SERVICES

Local Hospitals & Clinics:

Bridgeport Hospital..... 203-384-3000
Hallbrooke Behavioral Health Services.....203-227-1251
Norwalk Hospital.....203-852-2000
Norwalk Community Health Center.....203-899-1754
St. Vincent's Medical Center.....203-575-6000
Stamford Hospital.....203-325-7000
Westport Family Health (Walk-in Clinic).....203-291-3800
Yale New Haven Hospital.....203-688-4242

Fairfield County Safe Kids Coalition www.fcsafekids.org

Organization dedicated solely to the prevention of unintentional injury

HUSKY Health Insurance

877-CT-HUSKY

www.huskyhealth.com

HUSKY stands for Healthcare for Uninsured Kids and Youth. It provides free or low-cost health insurance for those up to age 19 who are U.S. citizens or legal non-citizens living in Connecticut. Eligibility for HUSKY coverage is based on family size and income. Emancipated minors and 18 year olds can apply for themselves.

Westport-Weston Health District

180 Bayberry Lane, Westport 06880

227-9571

www.wwhd.org

The Westport-Weston Health District also offers a variety of clinics and health programs including routine traveler's immunizations, cholesterol, blood pressure and blood sugar screenings, periodic cardiovascular, mammography, prostate and skin cancer screenings, and general information on public health issues.

Infoline DIAL 211 or 800-203-1234

A Public Private Partnership - The State of Connecticut and United Way

Wherever you live in Connecticut, get the resources in your community: AA meetings, Alzheimer's Resource Child Care, Community Groups, Counseling, Crisis Intervention, Domestic Violence Programs, Drug/Alcohol Programs, Employment, Energy or Financial Assistance, Food/Nutrition Services, Health Care, Legal Assistance, Senior and Youth Services, Support Groups, Transportation, Volunteers, Voting Information and hundreds of other human services.

CHILDCARE Infoline 800-505-1000

Information and Referrals to Child Care Services

A single phone call will give you free information about state-licensed childcare facilities near where you live or work. Get information about current openings, age groups served, capacity, hours, fees, transportation, sliding fee scales and training for providers and relative caregivers.

TYPES OF CHILD CARE

Child Care Center – *Licensed by the State of Connecticut*

These full or part day programs include nursery schools, childcare programs, before/after school care and Head Start. Childcare centers accommodate 13 or more children.

Group Day Care Homes – *Licensed by the State of Connecticut*

These programs accept up to 12 children on a regular basis. They can be housed at public sites or in a private home setting.

Family Day Care Homes - *Licensed by the State of Connecticut*

Up to six full-time children are cared for in a private home setting, from three to twelve hours a day. Three additional school-age children can attend before and after school.

In-Home Care- *Not licensed by the State*

Care in your own home can be provided by a nanny selected through an agency which screens and refers domestic or international caregivers.

Summer Camps

Camps are seasonal full, part-day, or overnight programs with emphasis on recreation, education and other activities.

CHILDCARE AND NURSERY SCHOOLS

Beginnings: An Infant/Toddler Program; 71 Hillandale Road (203)-227-516

Children's Community Daycare Center; 90 Hillspoint Road (203) 226-8033, X 8

Website: www.myccdc.org/index.php

A Child's Place; 90 Hillspoint Road (203) 227-1940

Christ and Holy Trinity Church Day School; 45 Church Lane (203) 226-4616

Website: www.christandholyltrinity.org

Community Nursery School; 49 Weston Road (203) 227-7941

Email: cnswestport@aol.com

Earthplace: The Nature Discovery Center Nursery School; 10 Woodside Lane; (203) 227-7253

Website: www.earthplace.org

Greens Farms Nursery School; 71 Hillandale Road (203) 227-9363

Website: www.greensfarmsnurseryschool.org

Landmark Early Learning Academy; 11 Burr Road (203) 226-6982

Website: www.ridgefieldacademy.com

Learning Community Day School; 90 Hillspoint Road (203) 227-8394

Old Hill Children's Day School; 190 Wilton Road (203) 221-8238

Website: www.oldhilldayschool.com

Pumpkin Preschool of Westport; 15 Burr Road (203) 226-1277

Website: www.pumpkinpreschool.com

Saugatuck Nursery School; 245 Post Road East (203) 226-9192

Email: saugatucknursery@aol.com

CHILDCARE AND NURSERY SCHOOLS

St. Paul Christian School; 41 Easton Road (203) 227-7920
 Website: www.stpaulwestport.org/SPCS.htm

Stepping Stones PreSchool; 65 Easton Road (203) 341-1712

Temple Israel Early Childhood Center; 14 Coleytown Road (203) 227-1656
 Website: www.tiwestport.org

Three Four Open the Door; 329 Wilton Road (203) 454-1924

Westport-Weston Conservative Synagogue Nursery School; 30 Hillspoint Road
 (203) 454-4673
 Website: www.tcs-westport.org

Westport-Weston Cooperative Nursery School; 10 Lyons Plains Road
 (203) 227-9318
 Email: wwcns@snet.net

Westport-Weston Y.M.C.A. Child Care Program; 59 Post Road East
 (203) 226-8981, X109
 Website: www.westportymca.org

Westport-Weston Y.M.C.A. After School Program (203) 226-4221
 Located in Westport Elementary Schools

Take a look at [Newslinks](#), a newsletter that is a collaborative effort between the staff of the local Westport Preschools and the Kindergarten staff of Westport Public Schools: <http://teachers.westport.k12.ct.us/newslinks/default.htm>

FAITH COMMUNITY - Places of Worship

Baptist
 Wilton Baptist Church
 254 Danbury Road
 Wilton, 762-2429

Christian Science
 First Church of Christ,
 Scientist
 55 Compo Road South
 Westport, 227-4357

Reading Room
 151 Post Road East
 Westport, 227-5047

Congregational
 Green's Farms
 Congregational
 71 Hillandale Road
 Westport, 227-2728

Norfield Congregational
 64 Norfield Road
 Weston, 227-7886

Saugatuck
 Congregational
 245 Post Road East
 Westport, 227-1261

Covenant
 United Covenant
 Church
 Maple Avenue
 Georgetown, 544-8520

Episcopal
 Christ & Holy Trinity
 75 Church Lane
 Westport, 227-0827

Emmanuel Episcopal
 Church of Weston
 285 Lyons Plains Rd.
 Weston, 227-8565

Greek Orthodox
 St. George Greek
 Orthodox Church

238 West Rocks Road
 Norwalk, 849-0611

Humanistic Judaism
 The Congregation for
 Humanistic Judaism
 Westport, 226-5451

Jehovah's Witnesses
 Jehovah's Witnesses
 Norwalk Congregation
 126 Newtown Avenue
 Norwalk, 847-4728

Latter-Day Saints
 Church of Jesus Christ
 of Latter-Day Saints
 682 South Avenue
 New Canaan, 966-9511

Lutheran
 Bethlehem Lutheran
 Portland Avenue
 Georgetown, 544-8858

St. Paul Lutheran
 41 Easton Road
 Westport, 227-7441

Methodist
 United Methodist
 49 Weston Road
 Westport, 227-4707

Presbyterian
 Wilton Presbyterian
 48 New Canaan Road
 Wilton, 762-5514

Quaker
 Religious Society of
 Friends
 New Canaan Road
 Wilton, 762-5669

Roman Catholic
 Assumption Church

98 Riverside Avenue
 Westport, 227-5161

St. Francis of Assisi
 Rectory
 35 Norfield Road
 Weston, 227-1341

St. Luke Church
 84 Long Lots Road
 Westport, 227-7245

Synagogues
Conservative
 Conservative Synagogue
 30 Hillspoint Road
 Westport, 454-4673

Synagogues
Orthodox
 Beit Chaverim
 Synagogue
 85 Post Road West
 Westport, 227-3333

Synagogues
Reform
 Temple Israel
 14 Coleytown Road
 Westport, 227-1293

Unitarian Universalist
 Unitarian Church in
 Westport
 10 Lyons Plains Road,
 Westport, 227-7205

LOCAL TRANSPORTATION INFORMATION

Westport Star Taxi.....203-227-5157 or 800-324-7901
Saugatuck Taxi.....203-571-1111

Westport Transit Service.....203-226-7171
www.norwalktransit.com

Includes after-school shuttles to and from the train, school and downtown and provides transportation for seniors and the disabled. Tickets can be purchased at Town Hall's Dept. of Human Services or the Center for Senior Activities. The Coastal Link travels along the Post Road through the towns of Norwalk, Westport, Fairfield, Bridgeport, and Milford 7 days a week.

Greyhound Bus Lines... www.greyhound.com800-231-2222
Amtrak... www.Amtrak.com.....800-872-7245

Metro-North Railroad ...(www.mta.info).....800-6387646
Westport Railroad Parking.....203-341-6052

Kids on the Go.....203-221-1421
7 Woodside Avenue, Westport, CT 06880
A private business which provides transportation for children to and from school or activities. Call directly for details.

You may also want to check with your local churches and synagogues for help getting to and from appointments, many provide support through their networks.

Department of Motor Vehicles
540 Main Avenue, Norwalk, CT 06851
203-842-8222 General Info.
800-762-3926 Driver Test Appointments
www.dmv.org

ADDICTION: GAMBLING

Compulsive Gambling Treatment Programs
860-344-2244
www.dmhas.state.ct.us

The CT Council on Problem Gambling Helpline
800-346-6238
www.ccpvg.org

Gamblers Anonymous - Conn. Chapter
P.O. Box 8184, New Haven, CT 06530-0184
203-777-5585 or toll free 800-266-1908
www.gamblersanonymous.org

The Better Choice Program: Norwalk Hospital
Department of Psychiatry-Addiction Rehabilitation Program
34 Maple Street, Norwalk, Connecticut 06852
(203) 852-2988
www.norwalkhosp.org

Conn. Renaissance - Norwalk Outpatient Program
Better Choice Gambling Treatment Program
83 Wall St., Norwalk, CT 06852-1520
203-854-5682 Fax, 203-866-2541 Voice
www.ctrenaissance.com

Positive Directions - The Center For Prevention And Recovery
Better Choice Gambling Treatment Program
420 Post Rd. West, Westport, CT 06880
203-227-7644
www.positivedirections.org

ADDICTION: SUBSTANCE USE/ABUSE

Internet Resources for information on drugs and alcohol

The National Clearinghouse for Alcohol and Drug Info.

www.samsha.gov/publications

CASA - Center on Addiction and Substance Abuse

www.casacolumbia.org

SAMSHA Substance Abuse and Mental Health Services

www.samsha.gov

CT Clearinghouse

800-232-4424

www.ct.clearinghouse.org

ALCOHOL:

CT Coalition to Stop Underage Drinking

860-523-8042

www.preventionworks.org

Leadership To Keep Children Alcohol Free

www.alcoholfreechildren.org

A unique coalition of Governors' spouses, Federal agencies, and public and private organizations, is an initiative to prevent the use of alcohol by children ages 9 to 15. It is the only national effort that focuses on alcohol use in this age group.

MADD – Mothers Against Drunk Driving

www.madd.org

Young adults educating responsible drinking

www.yaerd.org

CALL
INFOLINE:
211
24 hour,
free,
confidential
hotline for
information and
resources

DRUGS

Alliance for Consumer Education

www.inhalant.com

CT Communities for Drug-Free Youth, Inc.

83 East Avenue, Suite 106

Norwalk, CT 06851

203-838-3224

800-422-3234

www.ccdfy.org

The mission of CCDFY is to foster a drug-free environment for children and teens.

National Institute on Drug Abuse

www.drugabuse.gov

The mission of NIDA is to lead the nation in bringing the power of science to bear on **drug** abuse and addiction.

Parents. The Anti-Drug

www.theantidrug.com

Parenting site launched by the White House of National Drug Control Policy. The goal is to help parents learn better communication skills when talking to their children about drugs and alcohol.

CT Help Line, CT Region of Narcotics Anonymous

800-627-3543

www.ctna.org

Just Say No International Drug and Alcohol Help Line

1-800-258-2766

www.Freevibe.com

Provides teens with a safe space to ask questions and to get reliable information about marijuana and its effects.

Local Resources – Substance Use/Abuse Treatment

AA: Alcoholics Anonymous

888-624-6063

www.ctaa.com

Call or check the website for more information and local meetings.

Al-Anon (Westport)

227-2496

www.ct-al-anon.org

Al-anon (and ALATEEN) is a world wide organization that offers a program of help and support for families and friends of someone with a drinking problem whether or not the person with a drinking problem seeks help or even recognizes the existence of a drinking problem.

Connecticut Counseling Centers, Inc.

20 North Main Street, 3rd Floor, Norwalk, CT 06854

203-838-6508

www.Ct counseling.org

Methadone treatment program, comprehensive behavioral healthcare organization providing all levels of outpatient substance abuse and mental health services.

Hours: 9am–3pm (Mon–Thurs) 8:30am–2pm (Fri)

Connecticut Renaissance Inc.

83 Wall Street, Norwalk, Connecticut 06852-1520

203-854-2915

www.ctrenaissance.com

Adolescent programs include but are not limited to mental health and substance abuse assessments, individual counseling, family therapy, psycho-educational groups, addiction groups, stress management, anger management, crisis management, relapse prevention, drug screening, psycho-spiritual counseling, and treatment services for depression and eating disorders. **Hours:** Mon. - Fri. 9:00 am-6:00 pm with evening and Saturday hours by appointment. In-home services are available.

Local Resources – Substance Use/Abuse Treatment

Family and Children’s Agency, Inc.

9 Mott Avenue, 4th Floor, Norwalk , CT

203-855-8765

www.familyandchildrensagency.org

Offers behavioral health counseling, drug and substance abuse treatment, and intensive family preservation.

Hours: 8:30 a.m.–8:30 p.m.(Mon.–Thurs.) 8:30 a.m.–5:30 p.m. (Fri.)

Hall-Brooke Behavioral Health Services

47 Long Lots Road, Westport, CT 06880

203-227-1251 or toll free 1-800-543-3668

www.hallbrooke.org

Offers intensive outpatient program, ambulatory services, school and after-school programs. Hall-Brooke provides a full range of inpatient and outpatient behavioral health and chemical dependency programs for children, adolescents, and adults. Treatment is brief, goal-oriented and tailored to meet individual needs. Hours: 24 hours/day.

Liberation (formerly L.M.G)

125 Main Street, Stamford, CT 06901

203-356-1980

www.lmgprograms.org

Specializes in drug and alcohol rehabilitation, residential long-term treatment (more than 30 days) and out-patient services. Continuum of treatment services including detoxification, residential programs for men and women, and outpatient counseling for youth, adults and seniors. In addition, provides outreach and case management to persons living with HIV or AIDS, homeless women, and recovering persons with disabilities.

Mid-Fairfield Substance Abuse Coalition

One Park Street, Norwalk, CT 06851
203-849-1111

www.ctprevention.org/mfsac

The Coalition includes Weston, Westport, Wilton, and Norwalk. It performs research and planning concerning substance use and abuse; training and workshops for groups, communities, and employees; Step-by-Step prevention program where teens lead discussions on alcohol/drugs.

Narcotics Anonymous

800-627-3543

www.ctna.org/ctnapl.htm

Norwalk Hospital Addiction and Rehabilitation Program

Department of Psychiatry - Addiction Rehabilitation Program
34 Maple Street, Norwalk, Connecticut
203-852-2520

www.norwalkhospital.org

Offers individual and family therapy, ambulatory detox, and intensive outpatient treatment. Hours: 9 a.m.–8 p.m. (Monday–Friday).

Positive Directions, the Center for Prevention & Recovery

420 Post Road West, Westport, CT 06880
203-227-7644

www.positivedirections.org

Positive Directions provides comprehensive counseling services including addictions, depression, anxiety and other emotional issues. In addition to counseling, we provide free telephone advisory services, compulsive gambling counseling, intervention services, groups, parenting programs, community forums and workshops and employee assistance programs. Office hours are 9 to 5 Monday through Friday. Evening sessions are available by appointment. Sliding scale fees are available.

Positive Directions' Family Assistance Program, funded by the United Way provides three free counseling sessions for children and families referred by the Westport School system.

Local Resources – Substance Use/Abuse Treatment

Silver Hill Hospital

208 Valley Road, New Canaan, CT 06840
203-966-3561 or Toll Free 1-800-899-4455

www.silverhillhospital.com

A fully accredited, not-for-profit psychiatric hospital that offers a full range of diagnostic and treatment services for psychiatric and addictive disorders (alcoholism & substance abuse).

Inpatient adolescent unit. Hours: 9 am–10 pm (Monday-Friday)

Student Outreach Counselor-

Dept. of Human Services

110 Myrtle Avenue, Westport, CT 06880
Office is located at Staples High School
203-341-1285

mrcounselorguy@yahoo.com

The Student Outreach Counselor is a licensed professional counselor who provides confidential support for school-aged individuals and their families. Anonymous inquiries are welcome, and emphasis is always placed on confidentiality.

CALL INFOLINE: 211 24 hour, free, confidential hotline for information and resources
--

ADDICTION: TOBACCO

CT Quitline

866-363-4224

www.ctquitline.org

CT Department of Public Health

www.dph.state.ct.us

MATCH Coalition

www.MATCHcoalition.com

MATCH is a non-profit corporation established in 1995 as a coalition to protect Connecticut kids from Big Tobacco.

Teen "Smokestoppers" Program

St. Vincent's Medical Center

2800 Main Street, Bridgeport, CT 06606

203-576-5451

FREE FOR TEENS - 6 session program teaches how to quit smoking without weight gain. Sponsored by Swim Across the Sound.

BASIC NEEDS: EMERGENCY SHELTERS, RESIDENTIAL HOUSING AND GROUP HOMES

Westport Housing Authority

1 Canal Street, Westport, CT 06880

203-227-4672

Westport's Housing Authority is responsible for the operation of public housing located within the Town. Federal and state funds are channeled for the purpose of providing rental housing for the elderly and for low and moderate-income families. The Housing Authority owns and manages the following rental units:

Hales Court – Consists of 40 houses for families eligible for the state moderate-income rental program

Canal Park – A 50 unit apartment complex for low-income elderly and disabled persons

Sasco Creek Village – Consists of 35 mobile homes

Hidden Brook -39 townhouse apartments rented to low to moderate income individuals and families.

Please contact the Housing Authority for income requirements, applications, and wait list inquiries.

Interfaith Housing

49 Richmondville Avenue, Suite 112, Westport, CT 06880

203-226-3426

www.ihawestport.com

Provides shelter, transitional housing, permanent housing, community kitchen, employment and mentoring services for men, single women and families - people who have lost their homes for a variety of reasons including mental illness, substance abuse, economic crisis or domestic hardship. IHA serves homeless men, women and families by providing them with food, shelter and a host of support services. The organization also helps people in crisis in order to prevent them from becoming homeless.

Catholic Charities of Fairfield County
New Covenant House of Hospitality

90 Fairfield Avenue, PO Box 10883, Stamford, CT 06904
203-964-8228

www.ccfc-ct.org

The New Covenant House of Hospitality is an ecumenical hospitality center for the homeless, poor, and disadvantaged in the Lower Fairfield County area that will provide companionship, meals, provisions, appropriate council, referrals to other community services, basic medical services, and other feasible services to the guests.

Kids in Crisis

105 Prospect Street, Greenwich, CT

Stamford/Greenwich Area:

203-622-6556

Norwalk Area:

Children: 203-838-9483

Teens 203-855-9844

www.kidsincrisis.org

Kids in Crisis Adolescent Program provides free round-the-clock help for children, teens, and parents. Services include housing, counseling, education, and parenting support to youth ages 12-17.

Operation Hope

50 Nichols Street, Fairfield, CT 06824

203-254-2935

www.operationhopect.org

Provides a variety of helpful services to people who are homeless and at-risk of homelessness. A majority of program participants first contact Operation Hope when they are in need of assistance with housing or shelter and food. The Shelter and Food programs offer emergency assistance.

**BASIC NEEDS: EMERGENCY SHELTERS, RESIDENTIAL HOUSING
AND GROUP HOMES**

Project Return

124 North Compo Road, Westport, CT 06880

203-222-8129

www.projectreturnct.org

Project Return is a therapeutic residential group home for teenage girls ages 13-19 who are unable to live at home, either temporarily or permanently. In this safe, structured environment, girls learn to follow rules, pursue goals, shoulder responsibility and deal with difficult family and peer relationships. Project Return supports girls in establishing positive self-esteem, healthier ways of coping, self-respect and life skills. Girls participate in individual and group counseling, attend school and hold part-time jobs in the community. Average stay is approximately one year.

BASIC NEEDS: EMPLOYMENT

Connecticut Department of Labor

Information: 860-263-6000

www.ctdol.state.ct.us

Offices are located in 14 One-Stop Centers throughout the state and serve job seekers, students, businesses, and individuals who are underemployed, as well as those who want to change jobs or continue to move in their careers. At these facilities, assessment, testing, workshops and career guidance are available to everyone.

Connecticut Works

2 Lafayette Square, Bridgeport, CT 06604

203-455-2700

www.ctdol.state.ct.us

Connecticut Works is a unique collaboration of state, regional, and local organizations addressing the workforce development needs of the state - both our residents who are seeking jobs and the businesses who want to employ them. Office Hours: Monday - Friday, 8:30a.m. to 4:30 p.m.

BASIC NEEDS: EMPLOYMENT

Dress For Success: Mid-Fairfield County

35 Brentwood Avenue, Fairfield, Connecticut 06825

203-333-6505

www.dressforsuccess.org

midfairfieldco@dressforsuccess.org

Dress for Success is a not-for-profit organization that helps low-income women make tailored transitions into the workforce. Dress for Success provides interview suits, confidence boosts and career development to more than 45,000 women in over 73 cities each year.

Interfaith Housing

49 Richmondville Avenue, Suite 112, Westport, CT 06880

203-226-3426

www.ihawestport.com

In addition to providing shelter, transitional housing, permanent housing, and a community kitchen for people who have lost their homes for a variety of reasons including mental illness, substance abuse, economic crisis or domestic hardship, IHA also provides employment and mentoring services for men, single women and families including the Gillespie Work Force and PRIDE.

Job Bank Connecticut

www.ajb.org/ct

Visit the website and receive help to find the job that's right for you. Thousands of new jobs are posted daily by employers.

Library Job Seekers Program

Westport Public Library - Arnold Bernhard Plaza

20 Jessup Road, Westport, CT 06880

203-291-4840

www.westportlibrary.org

Call for details on this program which assists in strategies to search for jobs on line and create resumes that work.

BASIC NEEDS: EMPLOYMENT

Social Security

5th Fl Riverview Pl, 24 Belden Ave, Norwalk, CT 06850

1-800-772-1213 (Toll Free) Hours: 7am to 7pm (Mon - Fri)

www.ssa.gov

Open Mon. – Fri. 9:00 AM - 4:00 PM

Youth Employment

To get a Social Security Number call number above. Must have a birth certificate and complete an application.

Youth who are 14 or 15 need a work permit, which is available through local high schools.

Go to www.ctdol.state.ct.us/youth/main.htm for information on Career Explorations, interviewing, resumes, and resources on jobs for youth.

Staples Career Center

72 North Avenue, Westport, CT 06880

203-341-1474

The Career Center offers students a comprehensive program of career related services. A Career Shadow Program is offered students giving them the opportunity to spend a full or half-day with adult volunteers at their work sites. Students can also learn about various career fields through the monthly career speakers series. Additionally students can utilize the multi-media resources in the career center.

CALL INFOLINE: 211 24 hour, free, confidential hotline for information and resources.

BASIC NEEDS: FINANCIAL ASSISTANCE

Town of Westport

Department of Human Services

110 Myrtle Avenue, Room 200, Westport, CT 06880

203-341-1050 email humansrv@westportct.gov

www.westportct.gov

Contact the Department of Human Services for information & referral, short-term counseling, school readiness planning and family support, financial assistance, emergency food, fuel assistance, holiday giving program, back to school & special clothing assistance, summer school & campership programs for families in need. D.H.S. assists residents applying for state & federal program applications. Asistencia en español.

CT Department of Social Services

Dept. of Social Services

Bridgeport location:

925 Housatonic Avenue, Bridgeport, CT 06606

203-551-2700 Info:

877-551-2700 Toll-free

www.dss.state.ct.us

State agency administers state and federal cash assistance, food stamps, medical insurance, cash assistance and medical insurance programs for low income individuals and families with children, the disabled, and the elderly including child care assistance, health care insurance for children (HUSKY), and energy assistance.

BASIC NEEDS: FOOD, CLOTHING AND HOUSEHOLD GOODS

Town of Westport

Department of Human Services

110 Myrtle Avenue, Room 200, Westport, CT 06880

203-341-1050 email humansrv@westportct.gov

www.westportct.gov

The Dept. of Human Services assists individuals and families with emergency food provided by the Westport Woman's Club, grocery gift certificates, emergency pharmacy gift cards, and special clothing assistance for Westport residents. Asistencia en español.

Infoline

Dial – 211

www.211infoline.org

24-hour directory maintains current listings of agencies that offer and accept donated household items and clothing.

Catholic Charities of Fairfield County

New Covenant House of Hospitality

90 Fairfield Avenue, PO Box 10883, Stamford, CT 06904

203-964-8228

www.ccfc-ct.org

The New Covenant House of Hospitality is an ecumenical hospitality center for the homeless, poor, and disadvantaged in the Lower Fairfield County area that will provide companionship, meals, provisions, appropriate council, referrals to other community services, basic medical services, and other feasible services to the guests.

BASIC NEEDS: FOOD, CLOTHING AND HOUSEHOLD GOODS

Dress For Success: Mid-Fairfield County

35 Brentwood Avenue, Fairfield, Connecticut 06825
203-333-6505 or midfairfieldco@dressforsuccess.org
www.dressforsuccess.org

Dress for Success is a not-for-profit organization that helps low-income women make tailored transitions into the workforce. Dress for Success provides interview suits, confidence boosts and career development to more than 45,000 women in over 73 cities each year.

Goodwill

1572 Post Rd E. Westport, 06880
203-259-3943
www.goodwillwct.org

Serves people with disabilities, economic disadvantages, and other barriers to employment throughout western Connecticut. Their mission is to help people achieve independence and self-sufficiency through employment and related support services. Including a full range of vocational and support services to people with disabilities and others facing challenges to employment and community living.

Interfaith Housing

49 Richmondville Avenue, Suite 112, Westport, CT 06880
203-226-3426
www.ihawestport.com

Westport Community Kitchen - Breakfast, lunch and dinner in the Community Kitchen, provides for community families and individuals in need of food. The food pantry distributes groceries for home preparation.

Salvation Army

Two Bridgeport Store Locations:

1313 Connecticut Avenue	1174 East Main Street
Bridgeport, Connecticut 06607	
203-367-1087	203-384-6934

CHILD ABUSE, NEGLECT AND DOMESTIC VIOLENCE SERVICES

National/Local internet & telephone resources:

Child-Help USA

1-800-4-A-Child

National hotline offering crisis counseling for children or adult survivors of abuse. Also offers referrals for treatment programs, reporting child abuse, shelters, advocacy, mental health and legal aid. Literature on child abuse prevention available by request. Open 24 hours a day, 7 days a week.

Connecticut Domestic Violence Crisis and Support Resources

The Connecticut Coalition Against Domestic Violence
90 Pitkin Street, Hartford, CT 06108
860-282-7899
Statewide Hotline: 888-774-2900
www.ctcadv.org

Abuse, Rape & Domestic Violence Aid and Resource Collection

www.aardvarc.org

This site is for victims of violence, their families and friends, and the agencies and programs which serve them, both public and private. Issues addressed here currently include: domestic violence, stalking, and sexual assault.

The National Center for Victims of Crime

www.ncvc.org

The National Center for Victims of Crime is the nation's leading resource and advocacy organization for crime victims.

Non-Violence Alliance

800-349-6682

Prevent Child Abuse

800-CHILDREN or 1-800-244-5373

Rape, Abuse, and Incest National Network(RAINN)

1-800-656-HOPE

Provides service for victims of sexual abuse, 24 hours a day.

National Domestic Violence

800-799-SAFE (National 24-hour Hotline)

1-800-787-3224 (Hearing-Impaired #)

National Runaway Hotline

800-621-4000

www.nrscrisisline.org

United Way Crisis Helpline

1-800-233-HELP

Call with any crisis; get connected to the appropriate resource.

Infoline

Dial 211 in CT or 1-800-203-1234

A confidential, free, 24 hours/7 days-a-week hotline staffed by professionals who will help you find any resources in Connecticut you need, including those related to finance, employment, drug and alcohol addictions, domestic violence, counseling, volunteering, support groups, etc.

Voices in Action

1-800-7-VOICE-8

Provides assistance for victims of sexual abuse. Call if you need help or someone to talk to.

CHILD ABUSE, NEGLECT AND DOMESTIC VIOLENCE SERVICES

Registry for Sex Offenders in Connecticut

Connecticut General Statutes 54-250 through 54-261 mandate that the Connecticut Department of Public Safety establish and maintain a central registry of persons who have been convicted of certain sexual offenses and are required to register under the general statutes.

www.state.ct.us/dps/Sex_Offender_Registry.htm

Local resources and counseling agencies:

Center for Women and Families of Eastern Fairfield County, Inc., The

753 Fairfield Avenue, Bridgeport, CT 06604

203-334-6154

www.cwfefc.org

24 Hour Hotlines

Domestic Violence.....203-384-9559;

Statewide toll free 888-774-2900

Sexual Assault.....203-333-2233

Statewide toll free.....888-999-5545

Spanish-speaking.....1-888-568-8332

Provides Domestic Violence and Sexual Assault services including safety planning, emergency shelter, counseling, support groups, court-based advocacy, referral to legal and medical institutions, advocacy and accompaniment to hospitals, police and courts for battered adults and their children, and counseling and support groups for adult and child sexual assault victims and incest survivors and their families.

Child Guidance Center of Mid-Fairfield County

100 East Avenue, Norwalk, CT
203-299-1315

www.mfcgc.org

The Mid-Fairfield Child Guidance Center provides a full range of diagnostic and therapeutic services to children from birth to age 18. The Center specializes in treating children with emotional, developmental and learning problems; child abuse and sexual abuse; family crisis, including death and divorce. Fees are based on ability to pay.

Department of Children and Families (DCF)

149 Water St, Norwalk, CT 06854
203-899-1400

www.state.ct.us/DCF

DCF Hotline..... 800-842-2288 (24 hr)

If you suspect that a child is being neglected or abused in any way, report it to DCF and/or the local police, who will determine if the case should be investigated and will send trained professionals to assess the situation. Calls can be anonymous.

Domestic Violence Crisis Center

5 Eversley Avenue, Suite 303, Norwalk, CT
203-853-0418 Office (9am-5pm)
203-852-1980 Hotline (24 hours)

www.dvccct.org

Provides support groups, counseling, 24-hour hotline, assistance for victims, family shelter, information, referrals, educational programs advocacy in courtrooms, and public awareness.

Domestic Violence Shelter (Norwalk)

1-888-774-2900

Services include counseling, support groups and housing.

CHILD ABUSE, NEGLECT AND DOMESTIC VIOLENCE SERVICES

Sexual Assault Crisis and Education Center of Lower Fairfield County

One Dock Street, Suite 320, Stamford, CT 06902

203-348-9346 or 203-838-7303 toll free

203-319-2929 (24-hour English hotline)

203-568-8332 (24-hour Spanish hotline)

www.sacec-ct.org

The Sexual Assault Crisis and Education Center provides free and confidential support services for anyone who has been affected by sexual violence. We are here to help 24 hours a day - 365 days a year. Located in Lower Fairfield County, the Center serves the towns of Darien, Greenwich, New Canaan, Norwalk, Stamford, Westport, Weston, and Wilton. Services include: 24 hour hotline, short-term crisis counseling for primary and secondary victims of sexual assault, crisis intervention, accompaniment and advocacy throughout the medical and police processes, risk reduction and primary prevention education for audiences age 5-adult, bilingual counseling.

CALL INFOLINE:
211
24 hour,
free, confidential
hotline for information and resources.

CHILD AND FAMILY SUPPORT SERVICES

Westport Department of Human Services

110 Myrtle Avenue, Westport, CT 06880

203-341-1050

humansrv@westportct.gov

The Department of Human Services offers a variety of programs which provide support for children and families in Westport. Services for local families include needs assessments, short term counseling, financial assistance, information and referral. Programs & services include:

- **Back to School Supplies Program:** Annual fall program providing school supplies for income-eligible Westport children
- **Holiday Gift Giving & Thanksgiving Basket Program –** Collaboration with the Westport schools, community residents, and local businesses; a gift-giving program for income-eligible local residents.
- **Jumpstart –** A spring program series offering parents information on community resources and services
- **Ceremonies & Celebrations –** Financial assistance for new clothing appropriate for graduation and other year-end special events
- **Camp & Summer School Scholarship Programs –** Financial assistance for income-eligible Westport children to attend summer school and recreational day camps
- **Kids in Crisis Toll-Free Hotline –** 800-855-9844
 - Free round-the-clock counseling and parenting support to youth ages 12 to 17 and their families
- **Student Outreach Counselor –** Onsite counselor at Staples High School provide professional confidential support for teens and their families. Chris Lemone, LPC can be reached at 341-1285
 - Email: mrcounselorguy@yahoo.com
- **Mentor Program -** Community adults serve as friend, guide and role model for school-age children one hour per week at school, Grades K – 12 Email: hsyouth@westportct.gov
- **Service Learning Club -** Once a week, after-school community service program for middle school students, Grades 6 – 8
- **Positive Youth Development (PYD)** initiative and programs. (see page 56)

Asistencia en español.

CHILD AND FAMILY SUPPORT SERVICES

Catholic Family Services

44 Old Ridgefield Road, Wilton, CT

203- 834-2076 or 866-360-8600

www.ccfc-ct.org

Provides mental health and counseling services to families, as well as adoption and pregnancy services.

Children's Connection

Human Services Council

One Park Street

Norwalk, CT 06851

203-849-1111

www.communityplanning.org/hsc

The System of Care is designed to support and strengthen parents and guardians in their efforts to meet the multiple needs of children with serious emotional problems.

Child Guidance Center of Mid-Fairfield County

100 East Avenue, Norwalk, CT

203-299-1315

www.mfcgc.org

The Mid-Fairfield Child Guidance Center provides a full range of diagnostic and therapeutic services to children from birth to age 18. The Center specializes in treating children with emotional, developmental and learning problems; child abuse and sexual abuse; family crisis, including death and divorce. Fees are based on ability to pay.

Family and Children's Agency, Inc. (Norwalk)

9 Mott Avenue, 4th Floor, Norwalk, CT

203-855-8765

www.familyandchildrensagency.org

Offers behavioral health counseling, drug and substance abuse treatment, and intensive family preservation. Hours: 8:30 a.m.–8:30 p.m. (Mon.–Thurs.) 8:30 a.m.–5:30 p.m. (Fri.)

CHILD AND FAMILY SUPPORT SERVICES

Green's Farms Pastoral Counseling Center

71 Hillandale Road, Westport, CT 06880

203-221-8485

The Center provides counseling to all individuals, couples and families, regardless of race, color, age, religion, gender, sexual orientation, national origin, or ability to pay. Please call for a confidential appointment.

Hall-Brooke Behavioral Health Services

47 Long Lots Road, Westport, CT 06880

203-227-1251 or Toll Free 800-543-3668

www.hallbrooke.org

Offers intensive outpatient program, ambulatory services, school and after-school programs. Hall-Brooke provides a full range of inpatient and outpatient behavioral health and chemical dependency programs for children, adolescents, and adults. Treatment is brief, goal oriented and tailored to meet individual needs. Hours: 24 hours/day.

Jewish Family Service of Westport

431 Post Road East, Suite 11, Westport, CT 06880

203-454-4992

www.ifsnh.org

Jewish Family Service offers counseling and psychotherapy, group, individual, marital therapy. Psychiatric consultation is available. Services are available to all members of the community, all religions & races. Workshops offered periodically.

Norwalk Hospital

32 Stevens Street, Norwalk, CT 06880

203-852-2000

www.norwalkhosp.org

Norwalk Hospital offers consultation and evaluation for children under 18 years of age. Norwalk Hospital offers a variety of support and bereavement groups that are free to the community. Special groups are available for specific illnesses, family members and children. Inpatient Services for children ages 12 and over. Emergency services only for children under twelve.

CHILD AND FAMILY SUPPORT SERVICES

New Learning Therapy Center, The

1200 Post Road East, Westport, CT 06880

203-226-0100 After hours call: 800-612-9746.

www.newlearningcenter.com

The New Learning Center has several services for families including evaluation services, parenting consultations, relationship group for families, social skills group for children ages 8 - 13, parent training, and a Family Response Team which is available 24 hours per day, 7 days a week to assist families in crisis.

Parents As Teachers

90 Hillspoint Road, Westport, CT 06880

203-454-2309

Parents as Teachers (PAT) is an international early childhood parent education and family support program serving families throughout pregnancy until their child enters kindergarten, usually age 5. The program is designed to enhance child development and school achievement through parent education accessible to all families.

Positive Directions - The Center for Prevention & Recovery

420 Post Road West, Westport, CT 06880

203-227-7644

www.positivedirections.org

Positive Directions provides comprehensive counseling services including addictions, depression, anxiety and other emotional issues. In addition to counseling we provide free telephone advisory services, compulsive gambling counseling, intervention services, groups, parenting programs, community forums and workshops and employee assistance programs. Office hours are 9 to 5 Monday through Friday. Evening sessions are available by appointment. Sliding scale fees are available.

Positive Directions' Family Assistance Program, funded by the United Way provides three free counseling sessions for children and families referred by the Westport School system.

CHILD AND FAMILY SUPPORT SERVICES

Westport-Weston Health District

180 Bayberry Lane, Westport, CT 06880

203-227-9571

www.wwhd.org

The Westport-Weston Health District also offers a variety of clinics and health programs for families including: Routine Traveler's Immunization Clinic for adults and children, cholesterol, blood pressure and blood sugar screenings, periodic cardiovascular, mammography, prostate and skin cancer screenings, HIV-AIDS counseling and testing Clinic, general information on public health issues

CALL INFOLINE:
211
24 hour,
free, confidential
hotline for information and resources.

COUNSELING AND MENTAL HEALTH SERVICES

(see also *Child and Family Support Services* on p. 37)

EATING DISORDERS: Web Resources

Eating Disorders Awareness and Prevention, Inc. (EDAP)

603 Stewart St., Suite 803; Seattle, WA 98101

800-931-2237

www.edap.org

Eating Disorder Referral and Information Center

www.edreferral.com

National Association of Anorexia Nervosa and Associated Disorders (ANAD)

www.anad.org

National Institute of Mental Health

<http://www.nimh.nih.gov/publicat/eatingdisorders.cfm>

Eating Disorders: Facts about Eating Disorders and the Search for Solutions.

LOCAL RESOURCES AND SERVICES:

The Renfrew Center

436 Danbury Road, Wilton, CT 06897

203-834-5020 or Toll Free 800-RENFREW

www.renfrewcenter.com

The Renfrew Center Foundation is a nonprofit organization advancing the education, prevention, research, and treatment of eating disorders. Providing professional training and educational opportunities for mental health professionals, and works with clients to provide treatment access for women and girls who might otherwise not be able to afford treatment.

Silver Hill Hospital

208 Valley Road, New Canaan, CT 06840
203-966-3561 or Toll Free 1-800-899-4455

www.silverhillhospital.com

A fully accredited, not-for-profit hospital with 68 acute-care inpatient beds and 45 transitional living beds which offers adult and adolescent in-patient services. Silver Hill Hospital is a psychiatric hospital that offers a full range of diagnostic and treatment services for psychiatric and addictive disorders (alcoholism & substance abuse). Transitional living programs are a unique option for extended hospital treatment providing a bridge between acute inpatient care and outpatient treatment. Inpatient adolescent unit Hours: 9 a.m.–10 p.m. (Monday-Friday)

The Wilkins Center

7 Riversville Road, Greenwich, CT 06831
203-531-1909

www.WilkinsCenter.com

Provides counseling, support groups and treatment centers, as well as therapists and dieticians for people with eating disorders.

DEPRESSION: Web Resources

(see also Child and Family Support Services on p.37)

CT Department of Mental Health and Addiction Services

860-418-670

www.dmhas.state.ct.us

Center for Mental Health Services 800-789-2647

www.mentalhealth.org

National Institute of Mental Health

www.nimh.nih.gov

CALL
INFOLINE:
211
24 hour,
free,
confidential
hotline for
information
and
resources.

SELF-INJURY: Web Resources

Safe Alternatives - Self Abuse Finally Ends

www.selfinjury.com

LOCAL TREATMENT RESOURCES:

(See also Child and Family Support Services on p. 37)

Silver Hill Hospital

208 Valley Road, New Canaan, CT 06840
203-966-3561 or Toll Free 1-800-899-4455

www.silverhillhospital.com

A fully accredited, not-for-profit hospital with 68 acute-care inpatient beds and 45 transitional living beds which offers adult and adolescent in-patient services. Silver Hill Hospital is a psychiatric hospital that offers a full range of diagnostic and treatment services for psychiatric and addictive disorders (alcoholism & substance abuse). Transitional living programs are a unique option for extended hospital treatment providing a bridge between acute inpatient care and outpatient treatment. Inpatient adolescent unit Hours: 9 a.m.–10 p.m. (Monday-Friday)

Four Winds Hospital

800 Cross River Road, Katonah, NY 10536
914-763-8151 or Toll Free: 800-528-6624

www.fourwindshospital.com

Four Winds Westchester provides a comprehensive range of inpatient psychiatric treatment services for children, adolescents and adults. Four Winds treats a full spectrum of psychiatric disorders in these intensive programs including psychiatric/substance abuse (dual diagnosis), eating disorders, psychological trauma/abuse, and behavioral and anxiety disorders.

DISABILITIES AND SPECIAL NEEDS

Dept of Human Services

110 Myrtle Avenue
Westport, CT 06880 341-1050

www.westportct.gov

D.H.S. offers two new programs for children and young adults with learning disabilities:

- **CT Connections** – Monthly program provides young adults with learning disabilities a relaxed, social environment to meet new friends
- **Kid Connections** – Recreation coaches support children with special needs to participate in community programs
Asistencia en español.

Best Buddies

52 Whitney Ave, New Haven, CT 06510
203-773-9233

www.bestbuddiesct.org

Best Buddies is the world's largest program dedicated to creating friendships between persons with and without intellectual disabilities. For individuals with intellectual disabilities, Best Buddies is a lifeline to the joys of having and being a friend that we so often take for granted. Programs for middle schools, high schools, colleges and communities. Contact Staples High School for Westport's program. 341-1200

Child Development Infoline 211

1344 Silas Deane Hwy, Rocky Hill, CT 06067-1350
800-505-7000 TDD

www.infoline.org

Specialized Information and Referral on Disabilities Issues and Birth to Three.

Circle Of Friends

c/o Beth Israel of Westport/Norwalk, Norwalk, CT 06851
203-866-0534

DISABILITIES AND SPECIAL NEEDS

CLASP Homes

246 Post Rd. E., Westport, CT 06880
203-226-7895

www.clasphomes.org

A not-for-profit organization which provides homes and opportunities for people with mental retardation and related disabilities. Professional services that enhance each person's social responsibility, independence, dignity and continued growth.

Connecticut Association for Children and Adults with Learning Disabilities (CACLD)

25 Van Zant Street, Suite 15-5, East Norwalk, CT 06855
203-838-5010

A regional, non-profit organization that supports individuals, families and professionals by providing information, education and consultation while promoting public awareness and understanding.

CT Dept. of Mental Retardation (Southwest Region)

115 Virginia Avenue, Norwalk, CT 06610

Develops, administers and funds a wide array of programs for people with mental retardation, including residential programs, job training and supported employment programs, day and recreational programs, individual and family support, case management and respite care.

Disability Resource Center Of Fairfield County

80 Ferry Blvd., Suite 210, Stratford, CT 06615
203-378-6977 or 203-378-3248 TDD

www.drcfc.org

The Disability Resource Center of Fairfield County (DRCFC) provides a comprehensive array of services both to the individuals and the communities of Fairfield County.

DISABILITIES AND SPECIAL NEEDS

Kennedy Center, The Activities of Daily Living Assessment

2440 Reservoir Ave., Trumbull, CT 06611
203-365-8522 or 203-365-8535 TDD

www.thekennedycenterinc.org

A not-for-profit rehabilitation agency supporting more than 1,400 children and adults with disabilities with vocational, residential, educational, therapeutic, social and recreational programs throughout the State.

National Dissemination Center For Children With Disabilities

P.O. Box 1492, Washington, DC 20013
800-695-0285 TDD

www.nichcy.org

Serves the nation as a central source of information on: disabilities in infants, toddlers, children, and youth; IDEA, which is the law authorizing special education, No Child Left Behind (as it relates to children with disabilities), and research-based information on effective educational practices.

Protection and Advocacy For Persons With Disabilities

60-B Weston St., Hartford, CT 06120-1551
860-297-4300 or Toll Free 800-842-7303 Voice/TDD

www.dss.state.ct.us

Star, Lighting the Way

182 Wolfpit Avenue, Norwalk, CT 06851
203-846-9581

www.starinc-lightingtheway.org

Disability services agency offers Birth to Three program, family support, day and residential programs, respite care, sheltered and supported employment, and recreation for people with mental retardation/developmental disabilities and their families.

DISABILITIES AND SPECIAL NEEDS

Yale Center for Children with Special Health Care Needs

40 Temple Street, Suite 6B, New Haven, CT 06510
888-842-1937

Program provides family support, resource and referral information, care coordination and parent to parent support to all families of children who have ongoing developmental and/or health care needs.

YMCA of Darien-Norwalk

49 Old Kings Highway North, Darien, CT 06820
203-655-2535

Socialization and recreational program for special needs youth and adults. Provides afterschool (one day per week) and Saturday sessions.

Additional Activities Listings:

Arts For Healing

24 Grove Street, New Canaan 06840
Tel: 203-972-2982

www.artsforhealing.org

Provides music and art therapy with an additional musical theater program for children and adults with special needs, to improve the quality of their lives, and to establish a resource center for the families involved.

<p>Devon's Place - Boundless Playground Matthews Park, Norwalk Twin Meadows Boundless Playground Still Meadows School - 800 Stillwater Rd., Stamford</p>
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LEARNING DISABILITIES (See also education p. 9)

Smart Kids

Box 2726, Wesport, CT 06880
203-226-6831

www.smartkidswithLD.org

Non-profit organization providing information and support to parents of children with LD and ADHD via a national newsletter, website and programs.

ILLNESS AND LOSS COUNSELING

Bread and Roses

141 Franklin Street, Stamford, CT

203-388-0187

www.stlukeslifeworks.org

Bread and Roses services include various support groups for persons with AIDS/HIV and their families. Case management and referrals of support services to meet the physical, psychological, and social needs of people with AIDS/HIV are available.

CancerCare, Inc.

120 East Avenue, Norwalk, CT

203-854-9911 or Toll-Free: 800 813-4673

www.cancercares.org

CancerCare provides counseling and emotional support; information about cancer and treatment; referral to other support services; educational seminars, conferences and teleconferences; and financial assistance. CancerCare, Inc. of Norwalk offers support groups for children with parents suffering from cancer.

Center for Hope

590 Post Road, Darien, CT

203-655-4693

www.centerforhope.org

The Center offers support groups and therapy for individuals and their families living with a life threatening illness. Bereavement counseling, cancer support groups, and therapeutic services for children.

Mid-Fairfield Hospice/The Care Network

112 Main Street or mailing: P.O. Box 818, Norwalk

203-762-8958

www.visitingnurse.net

Mid-Fairfield Hospice offers home care for terminally ill patients with follow-up bereavement services for family and friends. Physician directed home care program, 24 hour nurses, social workers, counseling and volunteer program.

INTERNET SAFETY

Advances in computer and telecommunication technology that allow our children to reach out to new sources of knowledge and cultural experiences are also leaving them vulnerable to exploitation and harm by computer-sex offenders.

Federal Bureau of Investigation

Crimes Against Children Program

935 Pennsylvania Ave., NW Room 11163, Washington, D.C.

20535

202-324-3666

Parent's Guide to Internet Safety

www.fbi.gov

www.Getnetwise.org

Learn about the risks kids face online, search for internet safety products and learn how to identify online trouble and get law enforcement contact information.

www.Netsmartz.org

The NetSmartz Workshop is an interactive, educational safety resource that teaches kids and teens how to stay safer on the Internet. Parents or caregivers, educators, government officials, law enforcement and youth organizers who want to learn more about the Internet and the possible dangers to children online should visit NetSmartz.

www.SafeKids.com

A family's guide to making the Internet and technology fun, safe and productive.

LEGAL RESOURCES and MEDIATION

Children's Law Center of CT

30 Arbor St., South Building, Hartford, CT 06106

860-232-9993

The Children's Law Line : 1-888-LAW DOOR

www.clcct.org

A non-profit agency founded to provide indigent children with experienced lawyers who give them a voice in family court. We also provide information in legal matters involving children and advocate in support of legislative policies that advance the well being and best interest of children. Children's Law Line answers questions during business hours about legal issues that involve children.

Child Support Infoline

888-233-7223

www.infoline.org

General information on Child Support laws and processes.

CT Legal Services Inc.

20 Summer Street, Stamford, CT 06901

203-348-9216

211 State St., Bridgeport, CT. 06604

203-336-3851

www.connlegalservices.com

A private, non-profit, civil law firm dedicated to helping low-income families and individuals obtain justice. Provides civil law representation and counseling to thousands of low-income families and individuals each year including evictions, divorce and special education issues.

LEGAL RESOURCES and MEDIATION

Dispute Settlement Center Inc.

5 Mott Avenue, Norwalk, CT 06850

203-831-8012 Mon-Friday 9am-4pm

www.dscct.org

Seeks to guide individuals and groups to understand one another and embrace nonviolent ways of addressing differences. Offers mediation and conflict resolution trainings.

Family and Children's Agency, Inc. (FCA)

9 Mott Avenue, 4th Floor, Norwalk , CT

203-855-8765

www.familyandchildrensagency.org

Putting Children First - program for parents in court over divorce, child support, custody or other family matters which involve children under 18.

NEON Inc.

98n South Main Street, Norwalk, CT 06854

203-899-2483

Provides mediation services to tenants and landlords involved in eviction or potential foreclosure process.

Office of the Child Advocate

18-20 Trinity Street, Hartford, CT 06106

800-994-0939

Oversee the care and protection of CT children and advocate for their well-being.

Statewide Legal Services of CT

425 Main Street, Middletown, CT 06457

203-453-3320

www.slscct.org

Telephone hotline for low income people. Phone advice only – no representation.

Superior Court – Ct Juvenile Matters at Norwalk

11 Commerce Street, Norwalk, CT 06850

203-866-9275

Juvenile Court adjudicates cases in which juveniles are charged with a crime , or in which the parent or guardian of a minor is alleged to have abused or neglected the minor. Mon-Fri 9am-5pm

Westport Fair Housing Agent

Gene Cedarbaum,Attorney at Law

227-9545

Acts as an advocate for area residents under federal law for renters or potential renters being discriminated on the basis of race, creed, color, national origin, sex, marital status, physical or mental disability in renting an apartment or house.

CALL
INFOLINE:
211
24 hour,
free,
confidential
hotline for
information
and
resources.

YOUTH AND THE LAW

A young person under the age of 16 is considered a juvenile. A person under the age of 18 is a minor. Below is some information on legal issues affecting youth. Where applicable, consult with an attorney.

Alcohol Laws

It is against the law for persons under 21 years of age to:

- have any alcoholic beverage (opened or unopened) in a public place or car at any time
- enter a liquor store or restaurant to buy or be served alcohol
- drink, buy or attempt to buy alcohol or have someone else buy it for you

It is illegal for people of any age to:

- use a fake, forged or deceptive driver’s license to obtain alcoholic beverages
- drink any alcoholic beverage while operating a motor vehicle
- drive a vehicle while under the influence of liquor or drugs.

Alcohol, Drugs and Driving

More than half of all fatal car accidents involve alcohol or drugs. Driving ability is reduced greatly with only a small amount of alcohol or drugs (including prescriptions such as allergy medication and cold pills. Anyone under the influence of drugs or alcohol must not attempt to drive. It is also very dangerous to get into a car driven by someone else that has been drinking or doing drugs. If caught drinking or use drugs and driving you can be convicted, fined, receive jail time, lose driving privileges, and/or be required to participate in a drug or alcohol treatment program.

If a minor without a license is convicted of Driving under the Influence (DWI), the Department of Motor Vehicles will suspend his/her right to obtain a driver’s license for a set period of time, possibly until the age of eighteen. Minors with a license, just as with adults who are convicted of DWI, have their license suspended or they may be required to attend DWI classes.

Insurance rates of the convicted driver will likely be higher. Also, your parents may be responsible for any penalties, fines or damages.

Emancipation

Gives a 16 or 17 year old most of the legal rights and responsibilities of an 18 year old. The emancipated youth becomes responsible for supporting himself/herself. Emancipation does not mean the youth gets financial support from the state or the court. It does not help a teen parent receive welfare benefits. To get emancipated a youth must go to court and prove to the judge that he or she can take care of him/herself.

Family with Service Needs

A juvenile who has run away, been truant or broken school rules, or is beyond the control of his/her parents can be brought to juvenile court and receive services as a "Family with Service Needs." The judge can order the juvenile to stay home, go to school, and/or follow parents' rules. If the juvenile does not follow the judge's orders, he/she can be arrested and placed in juvenile detention.

Juvenile vs. Adult Court

All 16 year olds charged with crimes go to adult court and can be sentenced to adult prison. Children under 16 go to juvenile court. Youth, 14 and 15 year olds who commit serious crimes (robbery, larceny, assault, kidnapping and arson) will be transferred to adult court where they can receive the same punishment for a crime as an adult, except in murder cases where persons under 18 years of age may not be sentenced to death.

Truancy

Skipping school is no longer a criminal charge. However, a juvenile may be referred to juvenile court under "Family with Service Needs" for truancy.

For help or referral for a legal problem, call your family attorney or the Westport Police Youth Division 203-341-6080

Sean Kelley, Detective

Walter Broadhurst, Detective

Child Abuse and Neglect Hotline

1-800-842-2288

POSITIVE YOUTH DEVELOPMENT (PYD) PROGRAMS PARENTING EDUCATION, GROUPS, AND WORKSHOPS *(see also Child and Family Support Services p. 37)*

WESTPORT DEPARTMENT OF HUMAN SERVICES

Positive Youth Development Programs, 203-341-1069

humansrv@westportct.gov or hsyouth@westportct.gov

Positive Youth Development (PYD) of Westport/Weston

is a unique partnership of Westport's PTA's, United Way, Westport Schools, Department of Human Services and Positive Directions. Its mission is to promote the positive development of children and youth in their families, in their schools, among their peers, and in their communities. Westport families can participate in PYD offerings free of charge.

ParentConnect: Monthly grade-level network meetings, professionally facilitated outside of the school setting, Grades 6 – 11

School Psychologist Meetings: Topical fall and spring, small group grade level discussions with the school psychologists, Grades 9 – 12

Father Forum: This is a community-wide project to educate and inspire men to be great fathers. Programs of interest are planned by local fathers and presented twice a year. Women welcome!

Risky Behavior Panel: A panel consisting of a Westport EMT, Westport Youth Detectives, an attorney, a juvenile justice officer and members of the Staples High School Peer Advisors group speak from their individual perspectives to middle and high school parents and students on the latest risky activities engaged in by Westport youth.

PYDoings – The email newsletter

Sent directly to your email address, this newsletter is the one place to go to find up-to-date information on what's going on for families/kids in Westport. You can begin receiving the newsletter by emailing your name and email address to hsyouth@westportct.gov.

RECREATION AND YOUTH ENRICHMENT RESOURCES

Internet Resources:

Fairfield County - Just for Kids

Check their Calendar of Events for a complete listing of things to do for children and family in Fairfield County. Just For Kids Directory ...

www.fairfieldcountyonline.com

KidsEvents.com

One Source for Kids' Events and Classes

www.kidsevents.com

Guide to CTs public campgrounds

www.dep.state.ct.us/stateparks/camping

Westport Continuing Education

www.westportcontinuinged.com

Offering kids programs including sports, enrichment and the arts.

LOCAL RESOURCES AND PROGRAMS:

Toquet Hall Student Coffeehouse (Teen Center)

58 Post Road, *mailing:* PO Box 5138 Westport, CT 06880
203-341-1155

www.toquethall.org

A student coffeehouse for high school students living in Westport run through the Department of Human Services. Open Tuesday 9 a.m.–4:30 p.m. as an administrative day, Wednesday and Thursday 3–9 p.m., and Friday and Saturday 7-11p.m. A safe, drug and alcohol free, supervised environment for high school students and special events for middle schoolers. Pool tables, ping-pong, a sound system, TV, games and much more. Offers bands, DJs, dances, comedy, lectures and many other various events on the weekends -- plus a well stocked snack bar!

RECREATION AND YOUTH ENRICHMENT RESOURCES

Parks & Recreation Department

260 South Compo Road, Westport, CT 06880

203-341-5090 (office) 203-341-5074 (cancellation hotline)

www.westportct.gov go to Parks and Recreation Department for details on all of their programs and offerings.

Day camps, sports camps and year-round programs, golf, swim, tennis, sports leagues and more! No resident will be denied access or admission based on an inability to pay. Westport handpass required for Golf, Tennis, and Swimming.

Longshore Club Park and Evan Harding Point

260 South Compo Road, Westport, CT 06880

Features:

- 18 Hole Golf Course and Driving Range: **341-1833**
- Pro Shop **222-7535**
- Tennis Courts and Paddle Tennis: **227-0271**
- Picnic Area
- Three Swimming Pools: **227-1718**
One 1ft. Wading, One 3 ft., One 25 yd. Lap
- Bathhouse with Locker Facilities
- Large Playscape
- Longshore Pavilion
- E.R. Strait Marina **226-3688**
(Boat Assignment or Ramp Permit Required)
- Joey's By the Sea Concession Stand
- The P.A.L. Rink at Longshore
November – March: **226-RINK**
- The Inn at Longshore: **226-3316**
- Splash Restaurant: **454-7798**
- Longshore Sailing School: **226-4646**
www.LongshoreSailingSchool.com

WESTPORT SPORTS LEAGUES:

Contact Parks and Recreation for further information.

Parks and Recreation

260 South Compo Road, Westport, CT 06880

203-341-5090 (main office)

www.westportct.org

recreation@ci.westport.ct.us

Skate Park at Compo Beach provides a safe and challenging place for skateboarder and inline skaters to practice their sport.

PAL – Football & Cheerleading

www.fairfieldcountyfootball.org

Westport: FCFLWestport@hotmail.com

A non-profit volunteer organization; P.A.L. sports activities include football, basketball, cheerleading, softball, lacrosse and wrestling.

Westport Basketball Association

A Westport Parks and Recreation Program, see above.

Westport Soccer Association

PO Box 2561, Westport, CT 06880

203-221-9900

www.westportsoccer.org

Soccer programs for grades K-9

Westport Little League Baseball

www.westportlittleleague.com

Please direct all questions about the Westport Little League to Mary Ellen White at (203) 227-1227 Major, minor, AAA, AA, pre-K through 2nd grade programs.

WESTPORT SPORTS LEAGUES:

Westport Lacrosse Association

203-221-2069

www.westportlacrosse.com

The Westport Lacrosse Association is a non-profit organization of volunteer lacrosse enthusiasts who support Staples High School boys and girls teams and sponsor youth programs. Our teams are open to boys and girls who live in or attend school in Westport.

Westport Tennis Association

227-0271

Westport Weston Family YMCA

59 Post Road East

203-226-8981

www.westportymca.org

Offering a wide variety of programs & services, the YMCA enriches the community by developing, strengthening, & promoting healthy lifestyles for individuals & families of all ages including gym, pool, group exercise, children's sports and camp programs including gymnastics, swimming, and a second location at Camp Mahackano.

CAMPS/FITNESS

(See also Parks and Recreation p.60 or Human Services p.56 for resources)

Earthplace

10 Woodside Lane, Westport, CT 06880

203-227-7253

www.earthplace.org

Consists of a state-licensed nursery school and summer program; environmental education; wildlife rehabilitation & animal care; a natural history museum; the Harbor Watch/River Watch Program & state-licensed environmental laboratory; & wildlife sanctuary.

CAMPS/FITNESS

Westport Weston Family YMCA

59 Post Road East
203-226-8981

Mahackeno Outdoor Center

37 Rices Lane
203-226-4221

www.westportymca.org

Offering a wide variety of programs & services, the YMCA enriches the community by developing, strengthening, & promoting healthy lifestyles for individuals & families of all ages including gym, pool, group exercise, children's sports and camp programs including gymnastics, swimming, and a second location at Camp Mahackano.

ARTS & THEATER

Levitt Pavilion for the Performing Arts, The

Jessup Road & Bernhard Plaza
Concerts: 221-4422 • Office: 226-7600

www.levittpavilion.com

A non-profit, open-air summer festival where a variety of entertainment is presented virtually every night in a beautifully landscaped amphitheater, located on the banks of the Saugatuck River.

Music Theater of Connecticut

Music Theatre of Connecticut School of the Performing Arts
246 Post Road East, P. O. Box 344, Westport, CT 06881
203-454-3883

www.musictheatreofct.com

Music Theatre of Connecticut (MTC)'s School of Performing Arts provides quality performing arts education to all children and youth that focuses on the joy of accomplishment, increased self-esteem, personal expression and growth through classroom and performance work.

ARTS & THEATER

Westport Country Playhouse

25 Powers Court, Westport, CT 06880
203-227-5137

www.westportplayhouse.com

Includes a kids' series!

Westport Community Theater, Inc.

110 Myrtle Avenue, Westport, CT 06880
203-226-1983

www.westportcommunitytheatre.com

Westport School of Music

18 Woods Grove Road, Westport, CT 06880
203-227-4931

www.wsmusic.org

Westport Arts Center

51 Riverside Avenue, Westport,
203-222-7070

www.westportartscenter.org

Provides meaningful arts experiences for area residents.

MUSEUMS & LIBRARY

Discovery Museum

4450 Park Avenue, Bridgeport 06604
203-372-3521

www.discoverymuseum.org

Their goal is to create positive feelings about science and science activities. Over 20 weeklong programs, the museum tries to establish a sense of wonder about robotics, space science, rocketry, engineering, television production, undersea exploration, computers, forensics, physics, weird science and more! For a complete description of the summer camps visit their website.

Earthplace

10 Woodside Lane, Westport, CT 06880
203-227-7253

www.earthplace.org

Consists of a state-licensed nursery school and summer program; environmental education; wildlife rehabilitation & animal care; a natural history museum; the Harbor Watch/River Watch Program & state-licensed environmental laboratory; & wildlife sanctuary.

The Maritime Center

10 North Water Street, Norwalk 06854
203-852-0700

www.maritimeaquarium.org

Explore the marine life and maritime culture of Long Island Sound. Watch sharks, jellies, sea turtles, and more than 1,000 other marine animals. Or enjoy a film in the IMAX movie theater.

The Rolnick Observatory

Westport Astronomical Society, Inc.
182 Bayberry Lane, Westport, CT 06880
203-227-0925

MUSEUMS & LIBRARY

Stepping Stones Museum for Children

303 West Avenue, Norwalk
203-899-0606 X255

www.steppingstonesmuseum.org

The Weston Historical Society

104 Weston Road, P.O. Box 1092, Weston
203-226-1804

Call for information on the many events held here annually.

The Westport Historical Society

25 Avery Place, Westport, CT 06880
203-222-1424

www.westporthistory.org

An educational organization dedicated to preserving, presenting, and celebrating the history of Westport by preserving the town's heritage. Also offering some fun workshops for children.

Westport Public Library

20 Jessup Road, Westport, CT 06880
203-291-4800

www.westportlibrary.org

MISCELLANEOUS FAMILY FRIENDLY LISTINGS

First Night Westport-Weston

PO Box 745, Westport, CT 06881

203-454-66

www.firstnightww.com

First Night Westport/Weston is the alcohol-free Celebration of New Year's Eve through the Arts. In it's 12th year of offering a safe, fun, creative, and entertaining 9 hour event for families with young children, teens, and people of all ages.

New Neighbors of Westport

PO Box 643, Westport, CT 06881

203-227-7463

www.nnwestport.org

The Westport New Neighbors program is a social, non-profit organization that has been dedicated to helping new residents develop friendships and assimilate into the community for 50 years. New Neighbors helps new families become familiar with all the cultural, social, recreational, and simply fun things to do and see in Westport and the surrounding areas.

SEXUALITY

ORIENTATION:

Gay, Lesbian, Bi-sexual and Transgender Resources:

Internet Resources for GLBT youth:

Outspoken Youth Group

227-1755

www.ctgay.org

Parents, Families and Friends of Lesbian, Gay, Bi-sexual, and Transgendered Persons

www.PFLAG.org

National Coalition for Gay Lesbian, Bi-Sexual and Transgender youth

www.outproud.org

Youth Source, a project of Advocates for Youth

www.youthsource.com

True Colors-Sexual Minority Youth & Family Services

888-565-5551

www.ourtruecolors.org

Gay, Lesbian and Straight Education Network (GLSEN)

212-727-0135

Trevor Helpline

800-850-8078

Many schools have Gay/Straight Alliances. Call True Colors or GLSEN (numbers above) to ask about GLBT support systems in your school and community.

HARRASSMENT OR DISCRIMINATION:

The Lesbian, Gay, Bisexual, and Transgender Hate Crimes Project (CWEALF)
800-479-2949

CT Commission on Human Rights and Opportunities
800-477-5737
www.state.ct.us/chro

AIDS and STD SERVICES:

CDC National Prevention and Information Network (NPIN)
800-458-5231, M-F 9am-8pm
www.cdcnpin.org

A Service of the CDC National Center for HIV, STD, and TB Prevention (NCHSTP)

National STD Hotline
800-227-8982
Open 24 hours a day, 7 days a week for questions and counseling.

LOCAL SERVICES AND TREATMENT FOR PEOPLE LIVING WITH AIDS/HIV:

AIDS Clinic/Treatment Center
Norwalk Hospital
203-852-2437

City of Norwalk Health Clinic
137 East Avenue, Norwalk, CT 06851
203-854-7776 ext. 7976
Services include an STD clinic, HIV clinic, travel immunization clinic, and women and infants clinic.

LOCAL SERVICES AND TREATMENT FOR PEOPLE LIVING WITH AIDS/HIV:

Bread and Roses
141 Franklin Street, Stamford, CT
203-388-0187
www.stlukeslifeworks.org
Services include support groups for people with AIDS/HIV, and their families. Also provides case management, and referrals of support services to meet the physical, psychological and social needs of people with AIDS/HIV.

Liberation (formerly L.M.G)
and AIDS Support Group
159 Colonial Road, Stamford, CT 06906
203-384-9301
www.lmgprograms.org
Services include support groups, in- and out-patient care, and anything else someone living with AIDS may need as well as many other mental health and substance abuse services.

Mid-Fairfield AIDS Project
16 River Street, Norwalk, CT 06850
203-855-9535
www.mfap.com
Offers long- and short-term mental health counseling, support groups, referrals, advocacy, housing, alternative therapy, transportation, medical help, drug treatment, partner notification and emergency funds for people living with AIDS/HIV.

Westport-Weston Health District
180 Bayberry Lane, Westport, CT 06880
203-227-9571
www.wwhd.org
AIDS screening, testing and counseling available every Monday afternoon among other services.

LOCAL SERVICES AND TREATMENT FOR PEOPLE LIVING WITH AIDS/HIV:

Planned Parenthood of South Norwalk

50 Washington Street, South Norwalk, CT 06854

203-853-2605

www.ppct.org

Services include Pap smears, STD testing, HIV/AIDS testing, blood smears to check for infections, breast exams, pelvic exams, pregnancy testing, blood tests and birth control. Call for hours.

United Way Crisis Helpline

1-800-233-HELP

Call with any crisis, and get connected with the appropriate resource.

CALL
INFOLINE:
211
24 hour,
free,
confidential
hotline for
information
and
resources.

VOLUNTEERING/COMMUNITY SERVICE RESOURCES

Westport/Weston United Way

489 Post Road East, P.O. Box 412, Westport, CT 06881

203-227-1743

www.wvunitedway.org/westportvolunteer

“Community Service for High School Students” Request a Community Service booklet for High School Students. Or go to the Westport Weston United Way Youth Volunteer listed above or to the website: www.infoline.org and go to the “Give Help” section.

*Most schools have **Key Clubs** that are specifically designed to provide volunteer opportunities for young people.*

Service Learning Club for Middle School Students

Department of Human Services

110 Myrtle Avenue, Westport, CT 06880

203-341-1050

The Service Learning Club is an after-school program, which provides community service for Middle School students with training, supervision, and time for reflection

Voluntary Action Center of Mid-Fairfield

One Park Street, Norwalk, CT 06851

203-849-1111

They match the interests of individuals with the needs of organizations in the area. There is also a website www.communityplanning.org/hscvac

INDEX

AIDS Clinic 67
Al-anon Family Groups/Alcoholics Anonymous 7,19
Alcoholics Anonymous 7,19
Arts for Healing 48
Best Buddies 45
Bread and Roses 49, 68
Camp Mohackano 63
Cancer Care, Inc. 49
Catholic Charities of Fairfield County 25, 30
Catholic Family Services 38
Center for Hope 49
Center for Women and Families 34
Child Guidance Center of Mid-Fairfield County, Inc. 7,35, 38
Children's Law Center 51
Circle of Friends 45
City of Norwalk Health Clinic 67
CLASP 46
CT Assoc. for Children and Adults with Learning Disabilities (CACLD) 46
CT Commission on Human rights 69
CT Counseling Center 19
CT Department of Labor 26
CT Department of Social Services 29
CT Dpt. Of Mental Health 43
CT Legal Services 51
CT Renaissance 16,19
CT. Dpt of Mental Health 43
CT. Dpt of Mental Retardation 46
Department of Children and Families 35
Department of Human Services 22, 29, 30, 37, 45
Department of Motor Vehicles 15
Disability Resource Center of Ffld County 46
Discovery Museum 63
Dispute Settlement Center 52
Domestic Violence Crisis Center 35
Dress for Success 27,31
Earthplace 60, 63
Family & Children's Agency 20, 38
Federal Bureau of Investigations (FBI) 50

First Night Westport/Weston 65
Four Winds 44
Gambler's Anonymous 16
Gay, Lesbian and Straight Education Network 66
Goodwill 31
Green's Farms Pastoral Counseling Center 39
Hall-Brooke Behavioral Health Services 10, 20, 39
Husky Insurance 10
INFOLINE & CHILDCARE INFOLINE 6, 11, 30, 33
Interfaith Housing 24, 27, 31
Jewish Family Service of Westport 39, 57
Kennedy Center 47
Kids in Crisis 25
Liberation (formerly LMG or Turning Points) 20, 68
Levitt Pavilion 61
Maritime Aquarium 63
Mid-Fairfield Aids Project 68
Mid-Fairfield Hospice/The Care Network 49
Mid-Fairfield Substance Abuse Coalition 21
Music and Theater of CT 61
N.E.O.N. 52
Narcotics Anonymous 20
National Dissemination Center for Children with Disabilities 47
New Learning Center, The 40
New Neighbors 65
Norwalk Hospital 10, 16, 21, 39
Office of the Child Advocate 52
Operation Hope 25
Outspoken Youth Group 66
P.A.L. (Police Athletic League) 59
Parents as Teachers 40
Planned Parenthood 69
Positive Directions 21, 40
Positive Youth Development 56
Project Return 26
Protection and Advocacy for Person's with Disabilities 47

PYDoings 56
Registry for Sex Offenders 34
Renfrew Center 42
Rolnick Observatory 63
Salvation Army 31
Service Learning Club 70
Sexual Assault Crisis and Education Center 36
Silver Hill Hospital 22, 43, 44
Skate Park - Westport Parks and Recreation Program 61
Smart Kids 48
Staples Career Center 28
Star Taxi 47
Statewide Legal Services 52
Stepping Stones Museum 64
Student Outreach Counselor 22
Superior Court 53
Teen Smoke Stoppers 23
The Maritime Center 65
Tobacco 23
Toquet Hall Student Coffeeshouse 57
Trevor Helpline 68
True Colors Sexual Minority Youth & Family Services 68
Voices in Action 33

Voluntary Action Center 70
Weston Historical Society 64
Westport PYD Parenting Programs 56
Westport Arts Center 62
Westport Basketball 59
Westport Community Theater 62
Westport Country Playhouse 62
Westport Fair Housing 53
Westport Historical Society 64
Westport Housing Authority 24
Westport Lacrosse Association 60
Westport Little League 59
Westport Mentor Program 37
Westport Parks and Recreation 58, 59
Westport Public Library 27, 64
Westport Public Schools 9
Westport School of Music 62
Westport Soccer Association 59
Westport Tennis Association 60
Westport-Weston Health District 10, 41, 68
Westport-Weston United Way 70
Westport-Weston YMCA 60, 61
Wilkins Center 43
Yale Center for Children 48