



# Kempo Academy of Martial Arts Kindergarten



We are happy to welcome Kempo Academy to our martial arts family. Kempo Academy has put together a program for young children that revolves around teaching discipline, focus, confidence, self-control, and respect. The faculty of the Academy has created a highly successful teaching technique that incorporates character building philosophies with traditional martial arts training methods. The Academy also looks to help students establish healthy lifestyle habits at an early age.

## **GENERAL PROGRAM INFORMATION**

- **For children entering Kindergarten in September 2009**

### **Session 1: September 14 - December 21 K21**

Mondays: 2:00pm - 3:00pm

September 14, 21, October 5, 12, 19, 26, November 2, 9, 16, 23, 30, December 7, 14, 21  
(no class on September 28)

### **Session 2: January 11 - May 3 K22**

Mondays: 2:00pm - 3:00pm

January 11, 25, February 1, 8, 22, March 1, 8, 15, 22, 29, April 5, 12, 26, May 3  
(no class on January 18)

Location: Kempo Academy 374B Post Road East, Westport, CT

## **CANCELLATION LINE**

To keep up to date on program cancellations due to inclement weather, please call **our cancellation line, 341-5074**.

## **EQUIPMENT**

A karate uniform is mandatory. This can be purchased directly through the instructor. Besides offering uniformity throughout the class, the uniform allows freedom of movement.

- All participants may be required to wear a mouth guard. This may be purchased through the instructor if needed.
- All male participants may be required to wear appropriate protective gear to prevent injury.

## **DROP OFF AND PICK UP**

For parents who have children in the program, we ask that you be prompt and adhere to the beginning and ending times of the program. Consistent lateness in either dropping off or picking up is cause for the child's dismissal from the martial arts program.

## **GENERAL RULES**

- All participants are expected to respect each other and all staff. Discipline problems will not be tolerated and are cause for immediate dismissal from the program with no refund.
- At the end of each class, please be sure to pick up all belongings. There is no lost and found.

The Westport Parks and Recreation Department wants this to be an enjoyable experience for all participants. Please take the time to read this information with your child if they are a participant.

