

# COMMUNITY RESOURCES FOR CHILDREN AND FAMILIES



A Directory Published by the  
Westport Department of Human Services  
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Dear Westport Residents and Community Professionals:

This directory, created by the Department of Human Services, is meant to provide information about the community resources available to families and children in Westport.

Every effort has been made to provide information that is complete and up-to-date. However, due to the ever-changing resources available, readers are encouraged to contact and verify the following information. Our department appreciates your comments, suggestions, and additions, especially since we cannot claim to have listed every service or program.

To make additions or revisions to the directory, please email, revisions and/or additions to [HUMANSRV@WESTPORTCT.GOV](mailto:HUMANSRV@WESTPORTCT.GOV) or Fax or mail updates to:

The Department of Human Services  
Town Hall, Room 200  
110 Myrtle Avenue  
Westport, CT 06880  
Fax: 203-341-1073 Phone: 203-341-1050.

Please note: A listing in this directory does not constitute an endorsement or a recommendation of any program or service. It is provided solely as a service to Westport residents and community professionals.

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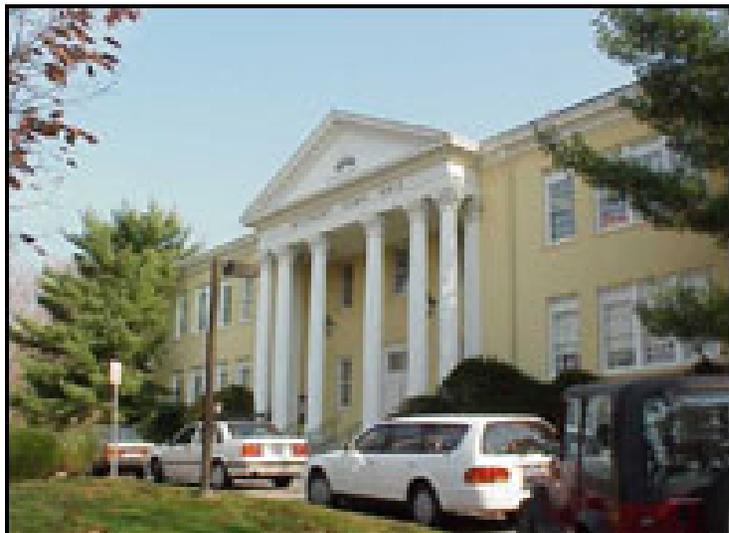
**WESTPORT DEPARTMENT OF HUMAN SERVICES**

**WESTPORT DEPARTMENT OF HUMAN SERVICES**

The mission of the Westport Department of Human Services is to promote independence, personal development and an enhanced quality of life for Westport residents of all ages.

The Department is organized into three service areas: Youth & Family Services, Social Services and Senior Services. In all three areas the Department works in partnership with other community organizations, service providers and funding sources.

Revised: 10/15/2007



<b>Westport Town Hall, Room 200.....203-341-1050</b>			
<b>Office Hours.....8:30AM -4:30PM</b>			
<b>Department</b>			
<b>Email.....humansrv@westportct.gov</b>			
Barbara Butler	Director	203-341-1050	<a href="mailto:bbutler@westportct.gov">bbutler@westportct.gov</a>
Sarah Heath	Assistant Director	203-341-1068	<a href="mailto:sheath@westportct.gov">sheath@westportct.gov</a>
Margaret Pinheiro	Administrative Secretary	203-341-1050	<a href="mailto:mpinheiro@westportct.gov">mpinheiro@westportct.gov</a>
Kristen Witt	Social Worker	203-641-1071	<a href="mailto:kwitt@westportct.gov">kwitt@westportct.gov</a>
Elaine Daignault	Community Outreach Counselor/Social Worker	203-341-1165	<a href="mailto:edaignault@westportct.gov">edaignault@westportct.gov</a>
Patty Haberstroh	Coordinator of Parenting and Family Programs	203-341-1069	<a href="mailto:hsyouth@westportct.gov">hsyouth@westportct.gov</a>
Sue Lebrija	Sr. Program Coordinator & Municipal Agent for the Elderly	203-341-1071	<a href="mailto:slebrija@westportct.gov">slebrija@westportct.gov</a>
Susan Stefenson	Special Services Social Worker	203-341-1072	<a href="mailto:sstefenson@westportct.gov">sstefenson@westportct.gov</a>
<b>Youth Services</b>			
Kevin Godburn	Youth Services Program Director	203-341-1155	<a href="mailto:kgodburn@westportct.gov">kgodburn@westportct.gov</a> <a href="mailto:toquethall@hotmail.com">toquethall@hotmail.com</a>
Keirman Castro	Program Assistant	203-341-1160	<a href="mailto:kcastro@westportct.gov">kcastro@westportct.gov</a> <a href="mailto:toquethall@hotmail.com">toquethall@hotmail.com</a>
Chris Lemone	Student Outreach Counselor	203-341-1285	<a href="mailto:mrncounselorguy@yahoo.com">mrncounselorguy@yahoo.com</a>
Lauren Rosenkranz	Positive Youth Development Coordinator	203-341-183	<a href="mailto:lrosenkranz@westportct.gov">lrosenkranz@westportct.gov</a>
<b>Westport Center for Senior Activities</b>			
Susan Pfister	Director	203-341-5098	<a href="mailto:spfister@westportct.gov">spfister@westportct.gov</a>
Denise Puskas	Secretary	203-341-5095	
Holly Betts	Program Assistant	203-341-5096	<a href="mailto:hbetts@westportct.gov">hbetts@westportct.gov</a>
Yoshi Mori	Sr. Nutrition Program Coordinator	203-341-5097	
Ben Palmer	Receptionist	203-341-5099	<a href="mailto:bpalmer@westportct.gov">bpalmer@westportct.gov</a>

## EMERGENCY NUMBERS

Available 24 hours a day, 7 days a week

### **FOR ALL POLICE, FIRE, AND MEDICAL EMERGENCIES dial: 911**

Automatic relay of TDD calls. - *Individuals with disabilities that may affect emergency response should call 2-1-1 to register in advance.*

#### **Local Emergency Information**

Radio: WWPT 90.3FM; TV: Cablevision 12; Public Access:  
Channel 79

WWPT Online: <http://shs2.westport.k12.ct.us/medialab/wwpt.htm>

#### **Recorded Information**

School emergency Information.....203-341-1766  
Power Outage Updates.....203-22POWER (203-227-6937)  
Disaster Information.....203-454-6199  
Code Red – Westport’s emergency notification system. For more  
details, contact.....203-341-1050

Town Website [www.westportct.gov](http://www.westportct.gov)

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Infoline ...([www.211infoline.org](http://www.211infoline.org))...call: 800-233-HELP or.....211  
American Red Cross (Mid-Fairfield County Chapter).....203-847-5847  
Child Find of America (Helps locate missing children).....800-327-KIDS  
Child Protection CARELINE (24 Hour DCF).....800-842-2288  
Domestic Violence Crisis Center.....888-744-2900  
Kids in Crisis Outreach Service.....203-838-9483  
Mobile Crisis Intervention Services For Children.....888-825-6777  
Norwalk Hospital.....203-852-2000  
Office of Victim Services.....800-822-8428  
Poison Control. (UConn Health Center).....800-222-1222  
Sexual Assault Crisis Center.....888-999-5545

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Westport-Weston Health District.....203-.222-3875

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## **HELPLINES AND HOTLINES**

AIDS and STD Hotline.....800-342-2437  
Alcoholics Anonymous (AA) Alanon, or Alateen .....800-203-1234  
Allergy Hotline (Bridgeport Hospital).....203-384-3879  
American Lung Association.....800-LUNG-USA  
Birthright.....800-550-4900  
Child Abuse and Neglect Hotline.....800-842-2288  
Child-Help USA.....800-4-A-Child  
Child Guidance of Mid Fairfield County.....203-299-1315  
Child Support Info Line.....888-233-7223  
Cocaine Anonymous (CA).....800-347-8998  
CT Quitline (Tobacco).....866-END-HABIT  
CT Office of Protection & Advocacy for Persons with Disabilities  
.....800-842-7303  
Department of Social Services Information Center.....800-385-4052  
Fairfield County Lawyer Referral Service.....203-335-4116  
Gamblers Anonymous Hotline .....800-346-6238  
Narcotics Anonymous (NA).....800-627-3543  
National STD Hotline .....800-227-8982  
National Health Information Center.....800-336-4797  
New National Suicide Hotline ... ([www.hopeline.com](http://www.hopeline.com)).....800-SUICIDE  
Planned Parenthood (Facts of Life Line).....888-337-FACT  
Statewide Legal Services (SLS)... .....800-453-3320  
Statewide Narcotics Task Force.....800-44- DRUGS  
Voices in Action.....800-7-VOICE-8

**IMPORTANT WESTPORT NUMBERS**

*Town of Westport Website*      <http://www.westportct.gov>  
*Twitter*      <http://www.twitter.com/westportctgov>  
*Facebook*      <http://www.facebook.com/westportctgov>

**EMERGENCY:**                    911  
 Poison Control                    800-343-2722  
 Police Non-emergency            341-6000  
 Drug Hotline (Police)            454-6464  
 Fire Dpt. Non-emergency        341-5010  
 Power Outages Update            227-6937  
 CL&P                                800-286-2000

Ctr. For Sr. Activities            341-5099  
 Tax Collector                    341-1060  
 Toquet Hall Teen Center        341-1155  
 Town Attorney                  341-1040  
 Town Clerk                        341-1110  
 Transfer Station(Town Dump)    341-5078  
 Zoning Board of Appeals        341-1081

**WESTPORT TOWN HALL**    341-1000  
 Assessor's Office                341-1070  
 Conservation                    341-1170  
 Controller's Office                341-1080  
 Dog Warden                        341-5076  
 Housing Authority                227-4672  
 Human/ Social Services         341-1050  
 Levitt Pavillion                  226-7600  
 Library                              227-8411  
 Parks and Recreation            341-5090  
     Cancellations                    341-5074  
 Personnel                         341-1090  
 Planning and Zoning             341-1030  
 Probate Court                    341-1100  
 Public Works                     341-1120  
 Registrar of Voters               341-1115  
 Selectman's Office                341-1111

Post Office  
     Post Road                        229-0480  
     Greens Farms                    259-4378

**TRANSPORTATION**  
 Norwalk Transit District        226-7171  
 Railroad Parking                  341-6052  
 Metro North                        800-638-7646  
 Dpt. of Motor Vehicles        800-842-8222

**WESTPORT PUBLIC LIBRARY**  
[www.westportlibrary.org](http://www.westportlibrary.org)  
 General Information              227-8411  
 Hours/Directions                291-4805  
 Administration                  291-4800  
 Reference                         291-4840  
 Renewals                          227-8411

## EDUCATION

### Westport Public Schools

[www.westport.k12.ct.us](http://www.westport.k12.ct.us)

#### WESTPORT BOARD OF EDUCATION

Superintendent's Office 341-1025  
Assistant Superintendent 341-1012  
Pupil Services 314-1253  
Continuing Education 341-1206  
Middle School Afterschool Program  
341-1209  
Stepping Stones Pre-School  
(21/2-5years Coleytown EI) 341-1712

#### Elementary Schools (Grades K-5)

Coleytown Elementary 341-1700  
Kings Highway Elementary 341-1800  
Greens Farms Elementary 222-3600  
Long Lots Elementary 341-1900  
Saugatuck Elementary 221-2900

#### Middle Schools (Grades 6-8)

Bedford Middle 341-1500  
Coleytown Middle 341-1600

#### High School (Grades 9-12)

Staples High School 341-1200

#### Private Schools in the area

Greens Farms Academy 203-256-0717  
Hopkins School 203-397-1001  
Fairfield Prep 203-254-4200  
Laurelton Hall 203-877-2786  
Easton Country Day 203-268-5530  
Pierpont School 203- 226-1891

Infoline: 211 – *call for info on tutoring programs*

SAT Preparatory Programs – *ask a guidance counselor for referrals*

College Financial Aid – [www.fafsa.ed.gov](http://www.fafsa.ed.gov)

CT Employment and Education Center – 1-800-842-0229

College Scholarship Resources – [www.fastweb.com](http://www.fastweb.com)

Staples Tuition Grants.....<http://www.staplestuitiongrants.org/>

Armed Forces Recruiting Office – 203-372-6970

#### General Education Development

GED Prep Courses are offered:

Bridgeport 576-7374, Fairfield 255-8309, Trumbull 452-4301

*(Call Continuing Ed, listed above, for more information)*

**CHET (CT's 529 College Savings Plan)....** [www.aboutchet.com](http://www.aboutchet.com)

## HEALTH CARE AND RELATED SERVICES

### Local Hospitals & Clinics:

Bridgeport Hospital.....203-384-3000  
St. Vincent's Behavioral Health Services.....203-227-1251  
Norwalk Hospital.....203-852-2000  
Norwalk Community Health Center.....203-899-1770  
St. Vincent's Medical Center.....203-575-6000  
Silver Hill Hospital .....203-966-1380  
Stamford Hospital.....203-325-7000  
Westport Family Health (Walk-in Clinic).....203-291-3800  
Westport Medical Urgent Care.....203-557-8200  
Yale New Haven Hospital.....203-688-4242

### **Fairfield County Safe Kids Coalition** [www.fcsafekids.org](http://www.fcsafekids.org)

Organization dedicated solely to the prevention of unintentional injury

### **HUSKY Health Insurance**

877-CT-HUSKY

[www.huskyhealth.com](http://www.huskyhealth.com)

HUSKY stands for Healthcare for Uninsured Kids and Youth. It provides free or low-cost health insurance for those up to age 19 who are U.S. citizens or legal non-citizens living in Connecticut. Eligibility for HUSKY coverage is based on family size and income. Emancipated minors and 18 year olds can apply for themselves.

### **Access Health CT**

855-909-2428

[www.accesshealthct.com](http://www.accesshealthct.com)

Access Health CT is Connecticut's official health insurance marketplace, established to satisfy the requirements of the federal Affordable Care Act. Our mission is to increase the number of Connecticut residents who are insured, lower their costs, promote health, and eliminate health disparities. Access Health CT will operate at no cost to the state or its taxpayers.

## HEALTH CARE AND RELATED SERVICES (Continued)

### Westport-Weston Health District

180 Bayberry Lane, Westport 06880  
227-9571

[www.wwhd.org](http://www.wwhd.org)

The Westport-Weston Health District also offers a variety of clinics and health programs including routine traveler's immunizations, cholesterol, blood pressure and blood sugar screenings, periodic cardiovascular, mammography, prostate and skin cancer screenings, and general information on public health issues.

## Infoline DIAL 211 or 800-203-1234

[www.211ct.org](http://www.211ct.org)

*A Public Private Partnership - The State of Connecticut and United Way*  
Wherever you live in Connecticut, get the resources in your community: AA meetings, Alzheimer's Resource Child Care, Community Groups, Counseling, Crisis Intervention, Domestic Violence Programs, Drug/Alcohol Programs, Employment, Energy or Financial Assistance, Food/Nutrition Services, Health Care, Legal Assistance, Senior and Youth Services, Support Groups, Transportation, Volunteers, Voting Information and hundreds of other human services.

### CHILDCARE Infoline 800-505-1000

Information and Referrals to Child Care Services

A single phone call will give you free information about state-licensed childcare facilities near where you live or work. Get information about current openings, age groups served, capacity, hours, fees, transportation, sliding fee scales and training for providers and relative caregivers.

#### TYPES OF CHILD CARE

**Child Care Center** – *Licensed by the State of Connecticut*

These full or part day programs include nursery schools, childcare programs, before/after school care and Head Start. Childcare centers accommodate 13 or more children.

**Group Day Care Homes** – *Licensed by the State of Connecticut*

These programs accept up to 12 children on a regular basis. They can be housed at public sites or in a private home setting.

**Family Day Care Homes** - *Licensed by the State of Connecticut*

Up to six full-time children are cared for in a private home setting, from three to twelve hours a day. Three additional school-age children can attend before and after school.

**In-Home Care**- *Not licensed by the State*

Care in your own home can be provided by a nanny selected through an agency which screens and refers domestic or international caregivers.

**Summer Camps**

Camps are seasonal full, part-day, or overnight programs with emphasis on recreation, education and other activities.

## CHILDCARE AND NURSERY SCHOOLS

Beginnings: An Infant/Toddler Program; 71 Hillandale Road (203)-227-516

Children's Community Daycare Center; 90 Hillspoint Road (203) 226-8033, X 8  
Website: [www.myccdc.org/index.php](http://www.myccdc.org/index.php)

A Child's Place; 90 Hillspoint Road (203) 227-1940  
Website: [www.a-childs-place.org](http://www.a-childs-place.org)

Christ and Holy Trinity Church Day School; 45 Church Lane (203) 226-4616  
Website: [www.christandholyltrinity.org](http://www.christandholyltrinity.org)

Community Nursery School; 49 Weston Road (203) 227-7941  
Email: [cnswestport@aol.com](mailto:cnswestport@aol.com)

Earthplace: The Nature Discovery Center Nursery School; 10 Woodside Lane;  
(203) 227-7253  
Website: [www.earthplace.org](http://www.earthplace.org)

Greens Farms Nursery School; 71 Hillandale Road (203) 227-9363  
Website: [www.greensfarmsnurseryschool.org](http://www.greensfarmsnurseryschool.org)

Landmark Early Learning Academy; 11 Burr Road (203) 226-6982  
Website: [www.ridgefieldacademy.com](http://www.ridgefieldacademy.com)

Learning Community Day School; 90 Hillspoint Road (203) 227-8394  
Website: [www.learningcommunitydayschool.org](http://www.learningcommunitydayschool.org)

Old Hill Children's Day School; 190 Wilton Road (203) 221-8238  
Website: [www.oldhilldayschool.com](http://www.oldhilldayschool.com)

Pumpkin Preschool of Westport; 15 Burr Road (203) 226-1277  
Website: [www.pumpkinpreschool.com](http://www.pumpkinpreschool.com)

Saugatuck Nursery School; 245 Post Road East (203) 226-9192  
Website: [www.saugatucknurseryschool.org](http://www.saugatucknurseryschool.org)

## CHILDCARE AND NURSERY SCHOOLS (Continued)

St. Paul Christian School; 41 Easton Road (203) 227-7920  
Website: [www.stpaulwestport.org/SPCS.htm](http://www.stpaulwestport.org/SPCS.htm)

Stepping Stones PreSchool; 65 Easton Road (203) 341-1712

Temple Israel Early Childhood Center; 14 Coleytown Road (203) 227-1656  
Website: [www.tiwestport.org](http://www.tiwestport.org)

Three Four Open the Door; 329 Wilton Road (203) 454-1924  
Website: [www.34openthedoor.com](http://www.34openthedoor.com)

Westport-Weston Conservative Synagogue Nursery School; 30 Hillspoint Road  
(203) 454-4673  
Website: [www.tcs-westport.org](http://www.tcs-westport.org)

Westport-Weston Cooperative Nursery School; 10 Lyons Plains Road  
(203) 227-9318  
Email: [wwcns@snet.net](mailto:wwcns@snet.net)



## FAITH COMMUNITY - Places of Worship

Baptist  
**Wilton Baptist Church**  
 254 Danbury Road  
 Wilton, 762-2429

Christian Science  
**First Church of Christ, Scientist**  
 55 Compo Road South  
 Westport, 227-4357

Reading Room  
 151 Post Road East  
 Westport, 227-5047

Congregational  
**Green's Farms Congregational**  
 71 Hillandale Road  
 Westport, 227-2728

Norfield Congregational  
 64 Norfield Road  
 Weston, 227-7886

Saugatuck Congregational  
 245 Post Road East  
 Westport, 227-1261

Covenant  
**United Covenant Church**  
 Maple Avenue  
 Georgetown, 544-8520

Episcopal  
**Christ & Holy Trinity**  
 75 Church Lane  
 Westport, 227-0827

Emmanuel Episcopal Church  
 of Weston  
 285 Lyons Plains Rd.  
 Weston, 227-8565

Greek Orthodox  
**St. George Greek Orthodox Church**  
 238 West Rocks Road  
 Norwalk, 849-0611

Humanistic Judaism  
**The Congregation for Humanistic Judaism**  
 Westport, 226-5451

Jehovah's Witnesses  
**Jehovah's Witnesses Norwalk Congregation**  
 126 Newtown Avenue  
 Norwalk, 847-4728

Latter-Day Saints  
**Church of Jesus Christ of Latter-Day Saints**  
 682 South Avenue  
 New Canaan, 966-9511

Lutheran  
**Bethlehem Lutheran**  
 Portland Avenue  
 Georgetown, 544-8858

St. Paul Lutheran  
 41 Easton Road  
 Westport, 227-7441

Methodist  
**United Methodist**  
 49 Weston Road  
 Westport, 227-4707

Presbyterian  
**Wilton Presbyterian**  
 48 New Canaan Road  
 Wilton, 762-5514

Quaker  
**Religious Society of Friends**  
 New Canaan Road  
 Wilton, 762-5669

Roman Catholic  
**Assumption Church**  
 98 Riverside Avenue  
 Westport, 227-5161

St. Francis of Assisi Rectory  
 35 Norfield Road  
 Weston, 227-1341

St. Luke Church  
 84 Long Lots Road  
 Westport, 227-7245

Synagogues Conservative  
**Conservative Synagogue**  
 30 Hillspoint Road  
 Westport, 454-4673

Synagogues  
**Orthodox Beit Chaverim Synagogue**  
 85 Post Road West  
 Westport, 227-3333

Synagogues  
**Reform Temple Israel**  
 14 Coleytown Road  
 Westport, 227-1293

Unitarian Universalist  
**Unitarian Church in Westport**  
 10 Lyons Plains Road,  
 Westport, 227-7205

## LOCAL TRANSPORTATION INFORMATION

**Westport Star Taxi**.....203-227-5157 or 800-324-7901  
**Saugatuck Taxi**.....203-571-1111

**Westport Transit Service**.....203-226-7171  
[www.norwalktransit.com](http://www.norwalktransit.com)

Includes after-school shuttles to and from the train, school and downtown and provides transportation for seniors and the disabled. Tickets can be purchased at Town Hall's Dept. of Human Services (Room 200) The Coastal Link travels along the Post Road through the towns of Norwalk, Westport, Fairfield, Bridgeport, and Milford 7 days a week.

**Greyhound Bus Lines**... [www.greyhound.com](http://www.greyhound.com) ....800-231-2222  
**Amtrak**... [www.Amtrak.com](http://www.Amtrak.com).....800-872-7245

**Metro-North Railroad** ...([www.mta.info](http://www.mta.info)).....800-6387646  
**Westport Railroad Parking**.....203-341-6052

**Kids on the Go**.....203-221-1421  
 7 Woodside Avenue, Westport, CT 06880

A private business which provides transportation for children to and from school or activities. Call directly for details.

*You may also want to check with your local churches and synagogues for help getting to and from appointments, many provide support through their networks.*

**Department of Motor Vehicles**  
 540 Main Avenue, Norwalk, CT 06851  
 203-842-8222 General Info.  
 800-762-3926 Driver Test Appointments  
[www.dmv.org](http://www.dmv.org)

## **ADDICTION: GAMBLING**

### **Compulsive Gambling Treatment Programs**

860-344-2244

[www.dmhas.state.ct.us](http://www.dmhas.state.ct.us)

### **The CT Council on Problem Gambling Helpline**

800-346-6238

[www.ccpvg.org](http://www.ccpvg.org)

### **Gamblers Anonymous - Conn. Chapter**

P.O. Box 8184, New Haven, CT 06530-0184

203-777-5585 or toll free 800-266-1908

[www.gamblersanonymous.org](http://www.gamblersanonymous.org)

### **The Better Choice Program: Norwalk Hospital**

Department of Psychiatry-Addiction Rehabilitation Program

34 Maple Street, Norwalk, Connecticut 06852

(203) 852-2988

[www.norwalkhosp.org](http://www.norwalkhosp.org)

### **Conn. Renaissance - Norwalk Outpatient Program**

Better Choice Gambling Treatment Program

83 Wall St., Norwalk, CT 06852-1520

203-854-5682 Fax, 203-866-2541 Voice

[www.ctrenaissance.com](http://www.ctrenaissance.com)

### **Positive Directions - The Center For Prevention And Recovery**

Better Choice Gambling Treatment Program

420 Post Rd. West, Westport, CT 06880

203-227-7644

[www.positivedirections.org](http://www.positivedirections.org)

## **ADDICTION: SUBSTANCE USE/ABUSE**

*Internet Resources for information on drugs and alcohol*

### **The National Clearinghouse for Alcohol and Drug Info.**

[www.samsha.gov/publications](http://www.samsha.gov/publications)

**CASA** - Center on Addiction and Substance Abuse

[www.casacolumbia.org](http://www.casacolumbia.org)

**SAMSHA Substance Abuse and Mental Health Services**

[www.samsha.gov](http://www.samsha.gov)

**CT Clearinghouse**

800-232-4424

[www.ct.clearinghouse.org](http://www.ct.clearinghouse.org)

*ALCOHOL:*

**MADD – Mothers Against Drunk Driving**

[www.madd.org](http://www.madd.org)

**SADD – Students Against Destructive Decisions**

[www.sadd.org](http://www.sadd.org)

**Young adults educating responsible drinking**

<http://www.chooseresponsibility.org/>

CALL INFOLINE: 211 24 hour, free, confidential hotline for information and resources
--

## DRUGS

### **CT Governor's Prevention Partnership**

30 Jordan Lane  
Wethersfield, CT 06109  
860-523-8042

<http://www.preventionworksct.org/>

### **National Institute on Drug Abuse**

[www.drugabuse.gov](http://www.drugabuse.gov)

The mission of NIDA is to lead the nation in bringing the power of science to bear on **drug** abuse and addiction.

### **Parents. The Anti-Drug**

[www.theantidrug.com](http://www.theantidrug.com)

Parenting site launched by the White House of National Drug Control Policy. The goal is to help parents learn better communication skills when talking to their children about drugs and alcohol.

### **CT Help Line, CT Region of Narcotics Anonymous**

800-627-3543

[www.ctna.org](http://www.ctna.org)

## Local Resources – Substance Use/Abuse Treatment

### **AA: Alcoholics Anonymous**

888-624-6063

[www.ctaa.com](http://www.ctaa.com)

Call or check the website for more information and local meetings.

### **Al-Anon (Westport)**

227-2496

[www.ct-al-anon.org](http://www.ct-al-anon.org)

Al-anon (and ALATEEN) is a world wide organization that offers a program of help and support for families and friends of someone with a drinking problem whether or not the person with a drinking problem seeks help or even recognizes the existence of a drinking problem.

### **Alateen**

888-825-2666

[www.ct-al-anon.org](http://www.ct-al-anon.org)

### **Connecticut Counseling Centers, Inc.**

20 North Main Street, 3rd Floor, Norwalk, CT 06854

203-838-6508

[www.CtCounseling.org](http://www.CtCounseling.org)

Methadone treatment program, comprehensive behavioral healthcare organization providing all levels of outpatient substance abuse and mental health services.

Hours: 9am–3pm (Mon–Thurs) 8:30am–2pm (Fri)

### **Connecticut Renaissance Inc.**

83 Wall Street, Norwalk, Connecticut 06852-1520

203-854-2915

[www.ctrenaissance.com](http://www.ctrenaissance.com)

Adolescent programs include but are not limited to mental health and substance abuse assessments, individual counseling, family therapy, psycho-educational groups, addiction groups, stress management, anger management, crisis management, relapse prevention, drug screening, psycho-spiritual counseling, and treatment services for depression and eating disorders. **Hours:** Mon. - Fri. 9:00 am-6:00 pm with evening and Saturday hours by appointment. In-home services are available.

*Local Resources – Substance Use/Abuse Treatment*

**Family and Children’s Agency, Inc.**

9 Mott Avenue, 4th Floor, Norwalk , CT  
203-855-8765

[www.familyandchildrensagency.org](http://www.familyandchildrensagency.org)

Offers behavioral health counseling, drug and substance abuse treatment, and intensive family preservation.

Hours: 8:30 a.m.–8:30 p.m.(Mon.–Thurs.) 8:30 a.m.–5:30 p.m. (Fri.)

**St Vincent’s Behavioral Health Services**

47 Long Lots Road, Westport, CT 06880  
203-227-1251 or toll free 1-800-543-3668

[www.hallbrooke.org](http://www.hallbrooke.org)

Offers intensive outpatient program, ambulatory services, school and after-school programs. Hall-Brooke provides a full range of inpatient and outpatient behavioral health and chemical dependency programs for children, adolescents, and adults. Treatment is brief, goal-oriented and tailored to meet individual needs. Hours: 24 hours/day.

**Mid-Fairfield Substance Abuse Coalition**

One Park Street, Norwalk, CT 06851  
203-849-1111

<http://hscct.org/>

The Coalition includes Weston, Westport, Wilton, and Norwalk. It performs research and planning concerning substance use and abuse; training and workshops for groups, communities, and employees; Step-by-Step prevention program where teens lead discussions on alcohol/drugs.

**Narcotics Anonymous**

800-627-3543

[www.ctna.org/ctnapl.htm](http://www.ctna.org/ctnapl.htm)

*Local Resources – Substance Use/Abuse Treatment*

**Norwalk Hospital Addiction and Rehabilitation Program**

Department of Psychiatry - Addiction Rehabilitation Program  
34 Maple Street, Norwalk, Connecticut  
203-852-2520

[www.norwalkhospital.org](http://www.norwalkhospital.org)

Offers individual and family therapy, ambulatory detox, and intensive outpatient treatment. Hours: 9 a.m.–8 p.m. (Monday–Friday).

**Positive Directions, the Center for Prevention & Recovery**

420 Post Road West, Westport, CT 06880  
203-227-7644

[www.positivedirections.org](http://www.positivedirections.org)

Positive Directions provides comprehensive counseling services including addictions, depression, anxiety and other emotional issues. In addition to counseling, we provide free telephone advisory services, compulsive gambling counseling, intervention services, groups, parenting programs, community forums and workshops and employee assistance programs. Office hours are 9 to 5 Monday through Friday. Evening sessions are available by appointment. Sliding scale fees are available.

**Silver Hill Hospital**

208 Valley Road, New Canaan, CT 06840  
203-966-3561 or Toll Free 1-800-899-4455

[www.silverhillhospital.com](http://www.silverhillhospital.com)

A fully accredited, not-for-profit psychiatric hospital that offers a full range of diagnostic and treatment services for psychiatric and addictive disorders (alcoholism & substance abuse).

Inpatient adolescent unit. Hours: 9 am–10 pm (Monday-Friday)

**Student Outreach Counselor- Chris Lemone**

*Dept. of Human Services*

110 Myrtle Avenue, Westport, CT 06880

*Office is located at Staples High School*

203-341-1285

[mrcounselorguy@yahoo.com](mailto:mrcounselorguy@yahoo.com)

The Student Outreach Counselor is a licensed professional counselor who provides confidential support for school-aged individuals and their families. Anonymous inquiries are welcome, and emphasis is always placed on confidentiality.

**Turning Points of Connecticut (formerly L.M.G)**

125 Main Street, Stamford, CT 06901

203-356-1980

<http://www.tpaddictiontreatment.com/>

Specializes in drug and alcohol rehabilitation, residential long-term treatment (more than 30 days) and out-patient services. Continuum of treatment services including detoxification, residential programs for men and women, and outpatient counseling for youth, adults and seniors. In addition, provides outreach and case management to persons living with HIV or AIDS, homeless women, and recovering persons with disabilities.

CALL  
INFOLINE:  
211  
24 hour,  
free,  
confidential  
hotline for  
information and  
resources

**CT Quitline**

1-800-QUIT-NOW

<http://www.ct.gov/dph/cwp/view.asp?a=3137&q=416858>

**CT Department of Public Health**

[www.dph.state.ct.us](http://www.dph.state.ct.us)

**MATCH** is a non-profit corporation established in 1995 as a coalition to protect Connecticut kids from Big Tobacco.

**Teen "Smokestoppers" Program**

St. Vincent's Medical Center

2800 Main Street, Bridgeport, CT 06606

203-576-5451

FREE FOR TEENS - 6 session program teaches how to quit smoking without weight gain. Sponsored by Swim Across the Sound.

## **BASIC NEEDS: EMERGENCY SHELTERS, RESIDENTIAL HOUSING AND GROUP HOMES**

### **Westport Housing Authority**

**5 Canal Street, Westport, CT 06880**

203-227-4672

Westport's Housing Authority is responsible for the operation of public housing located within the Town. Federal and state funds are channeled for the purpose of providing rental housing for the elderly and for low and moderate-income families. The Housing Authority owns and manages the following rental units:

*Hales Court* – Consists of 40 houses for families eligible for the state moderate-income rental program

*Canal Park* – A 50 unit apartment complex for low-income elderly and disabled persons

*Sasco Creek Village* – Consists of 35 mobile homes

*Hidden Brook* -39 townhouse apartments rented to low to moderate income individuals and families.

Please contact the Housing Authority for income requirements, applications, and wait list inquiries.

### **Homes with Hope**

49 Richmondville Avenue, Suite 112, Westport, CT 06880

203-226-3426

[www.hwhct.org](http://www.hwhct.org)

Provides shelter, transitional housing, permanent housing, community kitchen, employment and mentoring services for men, single women and families - people who have lost their homes for a variety of reasons including mental illness, substance abuse, economic crisis or domestic hardship. IHA serves homeless men, women and families by providing them with food, shelter and a host of support services. The organization also helps people in crisis in order to prevent them from becoming homeless.

### **Catholic Charities of Fairfield County**

#### ***New Covenant House of Hospitality***

90 Fairfield Avenue, PO Box 10883, Stamford, CT 06904

203-964-8228

The New Covenant House of Hospitality is an ecumenical hospitality center for the homeless, poor, and disadvantaged in the Lower Fairfield County area that will provide companionship, meals, provisions, appropriate council, referrals to other community services, basic medical services, and other feasible services to the guests.

### **Kids in Crisis**

105 Prospect Street, Greenwich, CT

***Stamford/Greenwich Area:***

203-622-6556

***Norwalk Area:***

Children: 203-838-9483

Teens 203-855-9844

[www.kidsincrisis.org](http://www.kidsincrisis.org)

Kids in Crisis Adolescent Program provides free round-the-clock help for children, teens, and parents. Services include housing, counseling, education, and parenting support to youth ages 12-17.

### **Operation Hope**

50 Nichols Street, Fairfield, CT 06824

203-254-2935

[www.operationhopect.org](http://www.operationhopect.org)

Provides a variety of helpful services to people who are homeless and at-risk of homelessness. A majority of program participants first contact Operation Hope when they are in need of assistance with housing or shelter and food. The Shelter and Food programs offer emergency assistance.

**BASIC NEEDS: EMERGENCY SHELTERS, RESIDENTIAL HOUSING AND GROUP HOMES**

**Project Return**

124 North Compo Road, Westport, CT 06880  
203-222-8129

[www.projectreturnct.org](http://www.projectreturnct.org)

Project Return is a therapeutic residential group home for teenage girls ages 13-19 who are unable to live at home, either temporarily or permanently. In this safe, structured environment, girls learn to follow rules, pursue goals, shoulder responsibility and deal with difficult family and peer relationships. Project Return supports girls in establishing positive self-esteem, healthier ways of coping, self-respect and life skills. Girls participate in individual and group counseling, attend school and hold part-time jobs in the community. Average stay is approximately one year.

**BASIC NEEDS: EMPLOYMENT**

**Connecticut Department of Labor**

Information: 860-263-6000

[www.ctdol.state.ct.us](http://www.ctdol.state.ct.us)

Offices are located in 14 One-Stop Centers throughout the state and serve job seekers, students, businesses, and individuals who are underemployed, as well as those who want to change jobs or continue to move in their careers. At these facilities, assessment, testing, workshops and career guidance are available to everyone.

**Connecticut Works**

2 Lafayette Square, Bridgeport, CT 06604  
203-455-2700

[www.ctdol.state.ct.us](http://www.ctdol.state.ct.us)

Connecticut Works is a unique collaboration of state, regional, and local organizations addressing the workforce development needs of the state - both our residents who are seeking jobs and the businesses who want to employ them. Office Hours: Monday - Friday, 8:30a.m. to 4:30 p.m.

**Career Coach** – Mobile coach bus provides monthly computer training classes in Westport.....203-341-1050

[www.workplace.org/coach.asp](http://www.workplace.org/coach.asp)

**BASIC NEEDS: EMPLOYMENT**

**Dept. of Human Services – We Do Walkways Program**

Listing of middle and high school students willing to do outdoor yardwork for local seniors. \$10 per hr.....203-341-1050

**Dress For Success: Mid-Fairfield County**

35 Brentwood Avenue, Fairfield, Connecticut 06825  
203-333-6505

[www.dressforsuccess.org](http://www.dressforsuccess.org)

[midfairfieldco@dressforsuccess.org](mailto:midfairfieldco@dressforsuccess.org)

Dress for Success is a not-for-profit organization that helps low-income women make tailored transitions into the workforce. Dress for Success provides interview suits, confidence boosts and career development to more than 45,000 women in over 73 cities each year.

**Homes with Hope**

49 Richmondville Avenue, Suite 112, Westport, CT 06880  
203-226-3426

[www.hwhct.org](http://www.hwhct.org)

In addition to providing shelter, transitional housing, permanent housing, and a community kitchen for people who have lost their homes for a variety of reasons including mental illness, substance abuse, economic crisis or domestic hardship, IHA also provides employment and mentoring services for men, single women and families including the Gillespie Work Force and PRIDE.

**Job Bank Connecticut**

[www.aib.org/ct](http://www.aib.org/ct)

Visit the website and receive help to find the job that's right for you. Thousands of new jobs are posted daily by employers.

**Library Job Seekers Program**

Westport Public Library - Arnold Bernhard Plaza  
20 Jessup Road, Westport, CT 06880  
203-291-4840

[www.westportlibrary.org](http://www.westportlibrary.org)

Call for details on this program which assists in strategies to search for jobs on line and create resumes that work.

*BASIC NEEDS: EMPLOYMENT*

**Social Security**

5th Fl Riverview Pl, 24 Belden Ave, Norwalk, CT 06850  
1-800-772-1213 (Toll Free) Hours: 7am to 7pm (Mon - Fri)

[www.ssa.gov](http://www.ssa.gov)

Open Mon. – Fri. 9:00 AM - 4:00 PM

***Youth Employment***

To get a Social Security Number call number above. Must have a birth certificate and complete an application.

Youth who are 14 or 15 need a work permit, which is available through local high schools.

Go to [www.ctdol.state.ct.us/youth/main.htm](http://www.ctdol.state.ct.us/youth/main.htm) for information on Career Explorations, interviewing, resumes, and resources on jobs for youth.

**Staples Career Center**

72 North Avenue, Westport, CT 06880  
203-341-1474

The Career Center offers students a comprehensive program of career related services. A Career Shadow Program is offered students giving them the opportunity to spend a full or half-day with adult volunteers at their work sites. Students can also learn about various career fields through the monthly career speakers series. Additionally students can utilize the multi-media resources in the career center.

CALL INFOLINE: 211 24 hour, free, confidential hotline for information and resources.
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*BASIC NEEDS: FINANCIAL ASSISTANCE*

**Town of Westport**

**Department of Human Services**

110 Myrtle Avenue, Room 200, Westport, CT 06880  
203-341-1050

[www.westportct.gov](http://www.westportct.gov)

Contact the Department of Human Services for information & referral, short-term counseling, school readiness planning and family support, financial assistance, emergency food, fuel assistance, holiday giving program, back to school & special clothing assistance, summer school & campership programs for families in need. D.H.S. assists residents applying for state & federal program applications & offers tax filing assistance with AARP volunteers.

**CT Department of Social Services**

**Dept. of Social Services**

***Bridgeport location:***

925 Housatonic Avenue, Bridgeport, CT 06606  
203-551-2700 Info:  
877-551-2700 Toll-free

[www.dss.state.ct.us](http://www.dss.state.ct.us)

State agency administers state and federal cash assistance, food stamps, medical insurance, cash assistance and medical insurance programs for low income individuals and families with children, the disabled, and the elderly including child care assistance, health care insurance for children (HUSKY), and energy assistance.

*BASIC NEEDS: FOOD, CLOTHING AND HOUSEHOLD GOODS*

**Town of Westport**

**Department of Human Services**

110 Myrtle Avenue, Room 200, Westport, CT 06880  
203-341-1050

[www.westportct.gov](http://www.westportct.gov)

The Dept. of Human Services assists individuals and families with emergency food provided by the Westport Woman's Club, grocery gift certificates, emergency pharmacy gift cards, and special clothing assistance for Westport residents.

**Infoline**

Dial – 211

[www.211infoline.org](http://www.211infoline.org)

24-hour directory maintains current listings of agencies that offer and accept donated household items and clothing.

**Catholic Charities of Fairfield County**

**New Covenant House of Hospitality**

90 Fairfield Avenue, PO Box 10883, Stamford, CT 06904  
203-964-8228

The New Covenant House of Hospitality is an ecumenical hospitality center for the homeless, poor, and disadvantaged in the Lower Fairfield County area that will provide companionship, meals, provisions, appropriate council, referrals to other community services, basic medical services, and other feasible services to the guests.

*BASIC NEEDS: FOOD, CLOTHING AND HOUSEHOLD GOODS*

**Dress For Success: Mid-Fairfield County**

240 Fairfield Avenue, 2nd Floor

Bridgeport, CT 06604

Phone: 203-333-6505

Fax: 203-610-8594 or [midfairfieldco@dressforsuccess.org](mailto:midfairfieldco@dressforsuccess.org)

<http://www.dressforsuccess.org/>

An affiliate of Dress for Success® Worldwide in New York City since 1998, the organization has served over 5,000 women in Fairfield County through its Simply Suited program and career development programs.

**Goodwill**

1572 Post Rd E. Westport, 06880

203-259-3943

[www.goodwillwct.org](http://www.goodwillwct.org)

Serves people with disabilities, economic disadvantages, and other barriers to employment throughout western Connecticut. Their mission is to help people achieve independence and self-sufficiency through employment and related support services. Including a full range of vocational and support services to people with disabilities and others facing challenges to employment and community living.

**Homes with Hope**

49 Richmondville Avenue, Suite 112, Westport, CT 06880

203-226-3426

[www.hwhct.org](http://www.hwhct.org)

*Westport Community Kitchen* - Breakfast, lunch and dinner in the Community Kitchen, provides for community families and individuals in need of food. The food pantry distributes groceries for home preparation.

**Salvation Army**

*Two Bridgeport CT (06607) Store Locations:*

1313 Connecticut Avenue

203-367-1087

1174 East Main Street

203-384-6934

## **CHILD ABUSE, NEGLECT AND DOMESTIC VIOLENCE SERVICES**

### **Department of Children and Families (DCF)**

149 Water St, Norwalk, CT 06854  
203-899-1400

[www.state.ct.us/dcf](http://www.state.ct.us/dcf)

DCF Hotline..... 800-842-2288 (24 hr)

If you suspect that a child is being neglected or abused in any way, report it to DCF and/or the local police, who will determine if the case should be investigated and will send trained professionals to assess the situation. Calls can be anonymous.

### **Domestic Violence Crisis Center**

5 Eversley Avenue, Suite 303, Norwalk, CT  
203-853-0418 Office (9am-5pm)  
203-852-1980 Hotline (24 hours)

[www.dvccct.org](http://www.dvccct.org)

Provides support groups, counseling, 24-hour hotline, assistance for victims, family shelter, information, referrals, educational programs advocacy in courtrooms, and public awareness.

### **Domestic Violence Shelter (Norwalk)**

1-888-774-2900

Services include counseling, support groups and housing.

*National/Local internet & telephone resources:*

### **Child-Help USA**

1-800-4-A-Child

National hotline offering crisis counseling for children or adult survivors of abuse. Also offers referrals for treatment programs, reporting child abuse, shelters, advocacy, mental health and legal aid. Literature on child abuse prevention available by request. Open 24 hours a day, 7 days a week.

### **Connecticut Domestic Violence Crisis and Support Resources**

The Connecticut Coalition Against Domestic Violence  
90 Pitkin Street, Hartford, CT 06108  
860-282-7899

Statewide Hotline: 888-774-2900

[www.ctcadv.org](http://www.ctcadv.org)

### **Abuse, Rape & Domestic Violence Aid and Resource Collection**

[www.aardvarc.org](http://www.aardvarc.org)

This site is for victims of violence, their families and friends, and the agencies and programs which serve them, both public and private. Issues addressed here currently include: domestic violence, stalking, and sexual assault.

### **The National Center for Victims of Crime**

[www.ncvc.org](http://www.ncvc.org)

The National Center for Victims of Crime is the nation's leading resource and advocacy organization for crime victims.

### **Non-Violence Alliance**

800-349-6682

### **Prevent Child Abuse**

800-CHILDREN or 1-800-244-5373

### **Rape, Abuse, and Incest National Network(RAINN)**

1-800-656-HOPE

Provides service for victims of sexual abuse, 24 hours a day.

### **National Domestic Violence**

800-799-SAFE (National 24-hour Hotline)

1-800-787-3224 (Hearing-Impaired #)

**National Runaway Hotline**

800-621-4000

[www.nrscrisisline.org](http://www.nrscrisisline.org)

**United Way Crisis Helpline**

1-800-233-HELP

Call with any crisis; get connected to the appropriate resource.

**Infoline**

Dial 211 in CT or 1-800-203-1234

A confidential, free, 24 hours/7 days-a-week hotline staffed by professionals who will help you find any resources in Connecticut you need, including those related to finance, employment, drug and alcohol addictions, domestic violence, counseling, volunteering, support groups, etc.

**Voices in Action**

1-800-7-VOICE-8

Provides assistance for victims of sexual abuse. Call if you need help or someone to talk to.

**CHILD ABUSE, NEGLECT AND DOMESTIC VIOLENCE SERVICES**

**Registry for Sex Offenders in Connecticut**

Connecticut General Statutes 54-250 through 54-261 mandate that the Connecticut Department of Public Safety establish and maintain a central registry of persons who have been convicted of certain sexual offenses and are required to register under the general statutes.

[www.state.ct.us/dps/Sex\\_Offender\\_Registry.htm](http://www.state.ct.us/dps/Sex_Offender_Registry.htm)

*Local resources and counseling agencies:*

**Center for Women and Families of Eastern Fairfield County, Inc., The**

753 Fairfield Avenue, Bridgeport, CT 06604

203-334-6154

<http://centerforfamilyjustice.org/>

*24 Hour Hotlines*

Domestic Violence.....203-384-9559;

Statewide toll free ..... 888-774-2900

Sexual Assault.....203-333-2233

Statewide toll free.....888-999-5545

Spanish-speaking.....1-888-568-8332

Provides Domestic Violence and Sexual Assault services including safety planning, emergency shelter, counseling, support groups, court-based advocacy, referral to legal and medical institutions, advocacy and accompaniment to hospitals, police and courts for battered adults and their children, and counseling and support groups for adult and child sexual assault victims and incest survivors and their families.

## CHILD ABUSE, NEGLECT AND DOMESTIC VIOLENCE SERVICES

### Child Guidance Center of Mid-Fairfield County

100 East Avenue, Norwalk, CT  
203-299-1315

<http://www.childguidancemfct.org/>

The Mid-Fairfield Child Guidance Center provides a full range of diagnostic and therapeutic services to children from birth to age 18. The Center specializes in treating children with emotional, developmental and learning problems; child abuse and sexual abuse; family crisis, including death and divorce. Fees are based on ability to pay.

### Sexual Assault Crisis and Education Center of Lower Fairfield County

733 Summer Street, Suite 503, Stamford, CT 06901  
203-348-9346 or 203-838-7303 toll free  
203-319-2929 (24-hour English hotline)  
203-568-8332 (24-hour Spanish hotline)

<http://www.thecenter-ct.org/>

The Sexual Assault Crisis and Education Center provides free and confidential support services for anyone who has been affected by sexual violence. We are here to help 24 hours a day - 365 days a year. Located in Lower Fairfield County, the Center serves the towns of Darien, Greenwich, New Canaan, Norwalk, Stamford, Westport, Weston, and Wilton. Services include: 24 hour hotline, short-term crisis counseling for primary and secondary victims of sexual assault, crisis intervention, accompaniment and advocacy throughout the medical and police processes, risk reduction and primary prevention education for audiences age 5-adult, bilingual counseling.

CALL INFOLINE: 211 24 hour, free, confidential hotline for information and resources.
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## CHILDREN AND FAMILY SUPPORT SERVICES

### Westport Department of Human Services

110 Myrtle Avenue, Westport, CT 06880  
203-341-1050

[humansrv@westportct.gov](mailto:humansrv@westportct.gov)

The Department of Human Services offers a variety of programs which provide support for children and families in Westport. Services for local families include needs assessments, short term counseling, financial assistance, information and referral. Programs & services include:

- **Back to School Supplies Program:** Annual fall program providing school supplies for income-eligible Westport children
- **Holiday Gift Giving & Thanksgiving Basket Program –** Collaboration with the Westport schools, community residents, and local businesses; a gift-giving program for income-eligible local residents.
- **Jumpstart –** A spring program series offering residents information on community resources and services
- **Ceremonies & Celebrations –** Financial assistance for new clothing appropriate for graduation and other year-end special events
- **Camp & Summer School Scholarship Programs –** Financial assistance for income-eligible Westport children to attend summer school and recreational day camps
- **Kids in Crisis Toll-Free Hotline –** 800-855-9844
  - Free round-the-clock counseling and parenting support to youth ages 12 to 17 and their families
- **Student Outreach Counselor –** Onsite counselor at Staples High School provide professional confidential support for teens and their families. Chris Lemone, LPC can be reached at 341-1285
  - Email: [mrcounselorguy@yahoo.com](mailto:mrcounselorguy@yahoo.com)
- **Positive Youth Development (PYD) initiative and programs.** (see page 57)

## CHILDREN AND FAMILY SUPPORT SERVICES

### **Catholic Family Services**

44 Old Ridgefield Road, Wilton, CT  
203- 834-2076 or 866-360-8600

[www.ccfcc-ct.org](http://www.ccfcc-ct.org)

Provides mental health and counseling services to families, as well as adoption and pregnancy services.

### **Children's Connection**

Human Services Council  
One Park Street  
Norwalk, CT 06851  
203-849-1111

[www.communityplanning.org/hsc](http://www.communityplanning.org/hsc)

The System of Care is designed to support and strengthen parents and guardians in their efforts to meet the multiple needs of children with serious emotional problems.

### **Child Guidance Center of Mid-Fairfield County**

100 East Avenue, Norwalk, CT  
203-299-1315

<http://www.childguidancemfct.org/>

The Mid-Fairfield Child Guidance Center provides a full range of diagnostic and therapeutic services to children from birth to age 18. The Center specializes in treating children with emotional, developmental and learning problems; child abuse and sexual abuse; family crisis, including death and divorce. Fees are based on ability to pay.

### **Family and Children's Agency, Inc. (Norwalk)**

9 Mott Avenue, 4th Floor, Norwalk, CT  
203-855-8765

[www.familyandchildrensagency.org](http://www.familyandchildrensagency.org)

Offers behavioral health counseling, drug and substance abuse treatment, and intensive family preservation. Hours: 8:30 a.m.–8:30 p.m. (Mon.–Thurs.) 8:30 a.m.–5:30 p.m. (Fri.)

## CHILDREN AND FAMILY SUPPORT SERVICES

### **Green's Farms Pastoral Counseling Center**

71 Hillandale Road, Westport, CT 06880  
203-221-8485

The Center provides counseling to all individuals, couples and families, regardless of race, color, age, religion, gender, sexual orientation, national origin, or ability to pay. Please call for a confidential appointment.

### **St Vincent's Behavioral Health Services**

47 Long Lots Road, Westport, CT 06880  
203-227-1251 or Toll Free 800-543-3668

[www.hallbrooke.org](http://www.hallbrooke.org)

Offers intensive outpatient program, ambulatory services, school and after-school programs. Hall-Brooke provides a full range of inpatient and outpatient behavioral health and chemical dependency programs for children, adolescents, and adults. Treatment is brief, goal oriented and tailored to meet individual needs. Hours: 24 hours/day.

### **Jewish Family Service of Westport**

431 Post Road East, Suite 11, Westport, CT 06880  
203-454-4992

[www.jfsnh.org](http://www.jfsnh.org)

Jewish Family Service offers counseling and psychotherapy, group, individual, marital therapy. Psychiatric consultation is available. Services are available to all members of the community, all religions & races. Workshops offered periodically.

### **Norwalk Hospital**

32 Stevens Street, Norwalk, CT 06880  
203-852-2000

[www.norwalkhosp.org](http://www.norwalkhosp.org)

Norwalk Hospital offers consultation and evaluation for children under 18 years of age. Norwalk Hospital offers a variety of support and bereavement groups that are free to the community. Special groups are available for specific illnesses, family members and children. Inpatient Services for children ages 12 and over. Emergency services only for children under twelve.

## CHILDREN AND FAMILY SUPPORT SERVICES

### **New Learning Therapy Center, The**

49 John Street  
Southport, CT 06890-1436  
203-307-3030.

[www.newlearningcenter.com](http://www.newlearningcenter.com)

The New Learning Center has several services for families including evaluation services, parenting consultations, relationship group for families, social skills group for children ages 8 - 13, parent training, and a Family Response Team which is available 24 hours per day, 7 days a week to assist families in crisis.

### **Positive Directions - The Center for Prevention & Recovery**

420 Post Road West, Westport, CT 06880  
203-227-7644

[www.positivedirections.org](http://www.positivedirections.org)

Positive Directions provides comprehensive counseling services including addictions, depression, anxiety and other emotional issues. In addition to counseling we provide free telephone advisory services, compulsive gambling counseling, intervention services, groups, parenting programs, community forums and workshops and employee assistance programs. Office hours are 9 to 5 Monday through Friday. Evening sessions are available by appointment. Sliding scale fees are available.

### **Teen Awareness Group - TAG**

PO Box 452, Greens Farms, CT 06838.  
203-341-1285

[www.shstag.com](http://www.shstag.com)

TAG members consist of an alliance of young people with diverse beliefs and opinions, from all backgrounds and social groups, dedicated to working together in an effort to realize the options available to teenagers. Our goal is to reach out to as many of our peers as possible. TAG enters into its 15th year of existence with the start of the 2014-2015 school year. TAG is advised by Chris Lemone, LPC (DHS Student Outreach Counselor) and Elaine Daignault (DHD Social Worker and Outreach Counselor).

## CHILDREN AND FAMILY SUPPORT SERVICES

### **Westport-Weston Health District**

180 Bayberry Lane, Westport, CT 06880  
203-227-9571

[www.wwhd.org](http://www.wwhd.org)

The Westport-Weston Health District also offers a variety of clinics and health programs for families including: Routine Traveler's Immunization Clinic for adults and children, cholesterol, blood pressure and blood sugar screenings, periodic cardiovascular, mammography, prostate and skin cancer screenings, HIV-AIDS counseling and testing Clinic, general information on public health issues

**COUNSELING AND MENTAL HEALTH SERVICES**  
(see also *Child and Family Support Services on p. 37*)

**EATING DISORDERS: Web Resources**

**Eating Disorders Awareness and Prevention, Inc. (EDAP)**

603 Stewart St., Suite 803; Seattle, WA 98101

800-931-2237

[www.edap.org](http://www.edap.org)

**Eating Disorder Referral and Information Center**

[www.edreferral.com](http://www.edreferral.com)

**National Association of Anorexia Nervosa and  
Associated Disorders (ANAD)**

[www.anad.org](http://www.anad.org)

**National Institute of Mental Health**

<http://www.nimh.nih.gov/publicat/eatingdisorders.cfm>

Eating Disorders: Facts about Eating Disorders and the Search for Solutions.

**LOCAL RESOURCES AND SERVICES:**

**The Renfrew Center**

436 Danbury Road, Wilton, CT 06897

203-834-5020 or Toll Free 800-RENFREW

[www.renfrewcenter.com](http://www.renfrewcenter.com)

The Renfrew Center Foundation is a nonprofit organization advancing the education, prevention, research, and treatment of eating disorders. Providing professional training and educational opportunities for mental health professionals, and works with clients to provide treatment access for women and girls who might otherwise not be able to afford treatment.

**Silver Hill Hospital**

208 Valley Road, New Canaan, CT 06840

203-966-3561 or Toll Free 1-800-899-4455

[www.silverhillhospital.com](http://www.silverhillhospital.com)

A fully accredited, not-for-profit hospital with 68 acute-care inpatient beds and 45 transitional living beds which offers adult and adolescent in-patient services. Silver Hill Hospital is a psychiatric hospital that offers a full range of diagnostic and treatment services for psychiatric and addictive disorders (alcoholism & substance abuse). Transitional living programs are a unique option for extended hospital treatment providing a bridge between acute inpatient care and outpatient treatment. Inpatient adolescent unit Hours: 9 a.m.–10 p.m. (Monday-Friday)

**The Wilkins Center**

7 Riversville Road, Greenwich, CT 06831

203-531-1909

[www.WilkinsCenter.com](http://www.WilkinsCenter.com)

Provides counseling, support groups and treatment centers, as well as therapists and dieticians for people with eating disorders.

**DEPRESSION: Web Resources**

(see also *Child and Family Support Services on p.37*)

**CT Department of Mental Health and Addiction Services**

860-418-670

[www.dmhas.state.ct.us](http://www.dmhas.state.ct.us)

**Center for Mental Health Services** 800-789-2647

[www.mentalhealth.org](http://www.mentalhealth.org)

**National Institute of Mental Health**

[www.nimh.nih.gov](http://www.nimh.nih.gov)

CALL  
INFOLINE:  
211  
24 hour,  
free,  
confidential  
hotline for  
information  
and  
resources.

## **SELF-INJURY: Web Resources**

### **Safe Alternatives - Self Abuse Finally Ends**

[www.selfinjury.com](http://www.selfinjury.com)

#### *LOCAL TREATMENT RESOURCES:*

*(See also Child and Family Support Services on p. 37)*

### **Silver Hill Hospital**

208 Valley Road, New Canaan, CT 06840  
203-966-3561 or Toll Free 1-800-899-4455

[www.silverhillhospital.com](http://www.silverhillhospital.com)

A fully accredited, not-for-profit hospital with 68 acute-care inpatient beds and 45 transitional living beds which offers adult and adolescent inpatient services. Silver Hill Hospital is a psychiatric hospital that offers a full range of diagnostic and treatment services for psychiatric and addictive disorders (alcoholism & substance abuse). Transitional living programs are a unique option for extended hospital treatment providing a bridge between acute inpatient care and outpatient treatment. Inpatient adolescent unit Hours: 9 a.m.–10 p.m. (Monday-Friday)

### **Four Winds Hospital**

800 Cross River Road, Katonah, NY 10536  
914-763-8151 or Toll Free: 800-528-6624

[www.fourwindshospital.com](http://www.fourwindshospital.com)

Four Winds Westchester provides a comprehensive range of inpatient psychiatric treatment services for children, adolescents and adults. Four Winds treats a full spectrum of psychiatric disorders in these intensive programs including psychiatric/substance abuse (dual diagnosis), eating disorders, psychological trauma/abuse, and behavioral and anxiety disorders.

## **DISABILITIES AND SPECIAL NEEDS**

### **Dept of Human Services**

110 Myrtle Avenue  
Westport, CT 06880 341-1050

[www.westportct.gov](http://www.westportct.gov)

Please contact D.H.S. for local information from our Municipal Agent for People with Disabilities and to inquire about inclusive programming available through Westport's Parks and Recreation Department.

### **Best Buddies**

52 Whitney Ave, New Haven, CT 06510  
203-773-9233

[www.bestbuddiesct.org](http://www.bestbuddiesct.org)

Best Buddies is the world's largest program dedicated to creating friendships between persons with and without intellectual disabilities. For individuals with intellectual disabilities, Best Buddies is a lifeline to the joys of having and being a friend that we so often take for granted. Programs for middle schools, high schools, colleges and communities. Contact Staples High School for Westport's program. 341-1200

### **Child Development Infoline 211**

1344 Silas Deane Hwy, Rocky Hill, CT 06067-1350  
800-505-7000 TDD

[www.infoline.org](http://www.infoline.org)

Specialized Information and Referral on Disabilities Issues and Birth to Three.

### **Circle Of Friends**

c/o Beth Israel of Westport/Norwalk, Norwalk, CT 06851  
203-866-0534

## DISABILITIES AND SPECIAL NEEDS

### **CLASP Homes**

246 Post Rd. E., Westport, CT 06880  
203-226-7895

[www.clasphomes.org](http://www.clasphomes.org)

A not-for-profit organization which provides homes and opportunities for people with mental retardation and related disabilities. Professional services that enhance each person's social responsibility, independence, dignity and continued growth.

### **Connecticut Association for Children and Adults with Learning Disabilities (CACLD)**

25 Van Zant Street, Suite 15-5, East Norwalk, CT 06855  
203-838-5010

A regional, non-profit organization that supports individuals, families and professionals by providing information, education and consultation while promoting public awareness and understanding.

### **CT Dept. of Mental Retardation (Southwest Region)**

115 Virginia Avenue, Norwalk, CT 06610

Develops, administers and funds a wide array of programs for people with mental retardation, including residential programs, job training and supported employment programs, day and recreational programs, individual and family support, case management and respite care.

### **Disability Resource Center Of Fairfield County**

80 Ferry Blvd., Suite 210, Stratford, CT 06615  
203-378-6977 or 203-378-3248 TDD

[www.drcfc.org](http://www.drcfc.org)

The Disability Resource Center of Fairfield County (DRCFC) provides a comprehensive array of services both to the individuals and the communities of Fairfield County.

## DISABILITIES AND SPECIAL NEEDS

### **Kennedy Center, The Activities of Daily Living Assessment**

2440 Reservoir Ave., Trumbull, CT 06611  
203-365-8522 or 203-365-8535 TDD

[www.thekennedycenterinc.org](http://www.thekennedycenterinc.org)

A not-for-profit rehabilitation agency supporting more than 1,400 children and adults with disabilities with vocational, residential, educational, therapeutic, social and recreational programs throughout the State.

### **National Dissemination Center For Children With Disabilities**

P.O. Box 1492, Washington, DC 20013

800-695-0285 TDD

[www.nichcy.org](http://www.nichcy.org)

Serves the nation as a central source of information on: disabilities in infants, toddlers, children, and youth; IDEA, which is the law authorizing special education, No Child Left Behind (as it relates to children with disabilities), and research-based information on effective educational practices.

### **New England Equipment Center (NEAT).1-800-526-4492**

[www.neatmarketplace.org](http://www.neatmarketplace.org)

Purchase or donate gently used medical equipment; call to arrange for free pick up of your equipment

### **Protection and Advocacy For Persons With Disabilities**

60-B Weston St., Hartford, CT 06120-1551

860-297-4300 or Toll Free 800-842-7303 Voice/TDD

[www.dss.state.ct.us](http://www.dss.state.ct.us)

### **Star, Lighting the Way**

182 Wolfpit Avenue, Norwalk, CT 06851

203-846-9581

[www.starinc-lightingtheway.org](http://www.starinc-lightingtheway.org)

Disability services agency offers Birth to Three program, family support, day and residential programs, respite care, sheltered and supported employment, and recreation for people with mental retardation/developmental disabilities and their families.

## DISABILITIES AND SPECIAL NEEDS

### **Yale Center for Children with Special Health Care Needs**

40 Temple Street, Suite 6B, New Haven, CT 06510  
888-842-1937

Program provides family support, resource and referral information, care coordination and parent to parent support to all families of children who have ongoing developmental and/or health care needs.

### **YMCA of Darien-Norwalk**

49 Old Kings Highway North, Darien, CT 06820  
203-655-2535

Socialization and recreational program for special needs youth and adults. Provides afterschool (one day per week) and Saturday sessions.

#### *Additional Activities Listings:*

### **Arts For Healing**

24 Grove Street, New Canaan 06840  
Tel: 203-972-2982

[www.artsforhealing.org](http://www.artsforhealing.org)

Provides music and art therapy with an additional musical theater program for children and adults with special needs, to improve the quality of their lives, and to establish a resource center for the families involved.

<p><b>Devon's Place - Boundless Playground</b> Matthews Park, Norwalk <b>Twin Meadows Boundless Playground</b> Still Meadows School - 800 Stillwater Rd., Stamford</p>
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*LEARNING DISABILITIES (See also education p. 9)*

### **Smart Kids**

Box 2726, Westport, CT 06880  
203-226-6831

[www.smartkidswithLD.org](http://www.smartkidswithLD.org)

Non-profit organization providing information and support to parents of children with LD and ADHD via a national newsletter, website and programs.

## ILLNESS AND LOSS COUNSELING

### **Bread and Roses**

Redding  
203-544-9200

Bread and Roses services include various support groups for persons with AIDS/HIV and their families. Case management and referrals of support services to meet the physical, psychological, and social needs of people with AIDS/HIV are available.

### **CancerCare, Inc.**

120 East Avenue, Norwalk, CT  
203-854-9911 or Toll-Free: 800 813-4673

[www.cancercare.org](http://www.cancercare.org)

CancerCare provides counseling and emotional support; information about cancer and treatment; referral to other support services; educational seminars, conferences and teleconferences; and financial assistance. CancerCare, Inc. of Norwalk offers support groups for children with parents suffering from cancer.

### **Center for Hope**

590 Post Road, Darien, CT  
203-655-4693

[www.centerforhope.org](http://www.centerforhope.org)

The Center offers support groups and therapy for individuals and their families living with a life threatening illness. Bereavement counseling, cancer support groups, and therapeutic services for children.

### **Mid-Fairfield Hospice/The Care Network**

112 Main Street or mailing: P.O. Box 818, Norwalk  
203-762-8958

[www.visitingnurse.net](http://www.visitingnurse.net)

Mid-Fairfield Hospice offers home care for terminally ill patients with follow-up bereavement services for family and friends. Physician directed home care program, 24 hour nurses, social workers, counseling and volunteer program.

## INTERNET SAFETY

*Advances in computer and telecommunication technology that allow our children to reach out to new sources of knowledge and cultural experiences are also leaving them vulnerable to exploitation and harm by computer-sex offenders.*

### **Federal Bureau of Investigation**

Crimes Against Children Program  
935 Pennsylvania Ave., NW Room 11163, Washington, D.C.  
20535  
202-324-3666

### **Parent's Guide to Internet Safety**

[www.fbi.gov](http://www.fbi.gov)

### [www.Getnetwise.org](http://www.Getnetwise.org)

Learn about the risks kids face online, search for internet safety products and learn how to identify online trouble and get law enforcement contact information.

### [www.Netsmartz.org](http://www.Netsmartz.org)

The NetSmartz Workshop is an interactive, educational safety resource that teaches kids and teens how to stay safer on the Internet. Parents or caregivers, educators, government officials, law enforcement and youth organizers who want to learn more about the Internet and the possible dangers to children online should visit NetSmartz.

### [www.SafeKids.com](http://www.SafeKids.com)

A family's guide to making the Internet and technology fun, safe and productive.

## LEGAL RESOURCES and MEDIATION

### **Children's Law Center of CT**

30 Arbor St., South Building, Hartford, CT 06106  
860-232-9993

The Children's Law Line : 1-888-LAW DOOR

[www.clcct.org](http://www.clcct.org)

A non-profit agency founded to provide indigent children with experienced lawyers who give them a voice in family court. We also provide information in legal matters involving children and advocate in support of legislative policies that advance the well being and best interest of children. Children's Law Line answers questions during business hours about legal issues that involve children.

### **Child Support Infoline**

888-233-7223

[www.infoline.org](http://www.infoline.org)

General information on Child Support laws and processes.

### **CT Legal Services Inc.**

20 Summer Street, Stamford, CT 06901  
203-348-9216

211 State St., Bridgeport, CT. 06604

203-336-3851

[www.connlegalservices.com](http://www.connlegalservices.com)

A private, non-profit, civil law firm dedicated to helping low-income families and individuals obtain justice. Provides civil law representation and counseling to thousands of low-income families and individuals each year including evictions, divorce and special education issues.

LEGAL RESOURCES and MEDIATION

**Dispute Settlement Center Inc.**

5 Mott Avenue, Norwalk, CT 06850  
203-831-8012 Mon-Friday 9am-4pm

[www.dscct.org](http://www.dscct.org)

Seeks to guide individuals and groups to understand one another and embrace nonviolent ways of addressing differences. Offers mediation and conflict resolution trainings.

**Family and Children's Agency, Inc. (FCA)**

9 Mott Avenue, 4th Floor, Norwalk , CT  
203-855-8765

[www.familyandchildrensagency.org](http://www.familyandchildrensagency.org)

**Putting Children First** - program for parents in court over divorce, child support, custody or other family matters which involve children under 18.

**NEON Inc.**

98n South Main Street, Norwalk, CT 06854  
203-899-2483

Provides mediation services to tenants and landlords involved in eviction or potential foreclosure process.

**Office of the Child Advocate**

18-20 Trinity Street, Hartford, CT 06106  
800-994-0939

Oversee the care and protection of CT children and advocate for their well-being.

**Statewide Legal Services of CT**

425 Main Street, Middletown, CT 06457  
1-800-453-3320

[www.slscct.org](http://www.slscct.org)

Telephone hotline for low income people. Phone advice only – no representation.

**Superior Court – Ct Juvenile Matters at Norwalk**

11 Commerce Street, Norwalk, CT 06850  
203-866-9275

Juvenile Court adjudicates cases in which juveniles are charged with a crime , or in which the parent or guardian of a minor is alleged to have abused or neglected the minor. Mon-Fri 9am-5pm

**Westport Fair Housing Agent**

Gene Cedarbaum, Attorney at Law  
203-227-9545

Acts as an advocate for area residents under federal law for renters or potential renters being discriminated on the basis of race, creed, color, national origin, sex, marital status, physical or mental disability in renting an apartment or house.

CALL  
INFOLINE:  
211  
24 hour,  
free,  
confidential  
hotline for  
information  
and  
resources.

## YOUTH AND THE LAW

A young person under the age of 16 is considered a juvenile. A person under the age of 18 is a minor. Below is some information on legal issues affecting youth. Where applicable, consult with an attorney.

### Alcohol Laws

It is against the law for persons under 21 years of age to:

- have any alcoholic beverage (opened or unopened) in a public place or car at any time
- enter a liquor store or restaurant to buy or be served alcohol
- drink, buy or attempt to buy alcohol or have someone else buy it for you

It is illegal for people of any age to:

- use a fake, forged or deceptive driver's license to obtain alcoholic beverages
- drink any alcoholic beverage while operating a motor vehicle
- drive a vehicle while under the influence of liquor or drugs.

### Alcohol, Drugs and Driving

More than half of all fatal car accidents involve alcohol or drugs. Driving ability is reduced greatly with only a small amount of alcohol or drugs (including prescriptions such as allergy medication and cold pills. Anyone under the influence of drugs or alcohol must not attempt to drive. It is also very dangerous to get into a car driven by someone else that has been drinking or doing drugs. If caught drinking or use drugs and driving you can be convicted, fined, receive jail time, lose driving privileges, and/or be required to participate in a drug or alcohol treatment program.

If a minor without a license is convicted of Driving under the Influence (DWI), the Department of Motor Vehicles will suspend his/her right to obtain a driver's license for a set period of time, possibly until the age of eighteen. Minors with a license, just as with adults who are convicted of DWI, have their license suspended or they may be required to attend DWI classes.

Insurance rates of the convicted driver will likely be higher. Also, your parents may be responsible for any penalties, fines or damages.

### Emancipation

Gives a 16 or 17 year old most of the legal rights and responsibilities of an 18 year old. The emancipated youth becomes responsible for supporting himself/herself. Emancipation does not mean the youth gets financial support from the state or the court. It does not help a teen parent receive welfare benefits. To get emancipated a youth must go to court and prove to the judge that he or she can take care of him/herself.

### Family with Service Needs

A juvenile who has run away, been truant or broken school rules, or is beyond the control of his/her parents can be brought to juvenile court and receive services as a "Family with Service Needs." The judge can order the juvenile to stay home, go to school, and/or follow parents' rules. If the juvenile does not follow the judge's orders, he/she can be arrested and placed in juvenile detention.

### Juvenile vs. Adult Court

All 16 year olds charged with crimes go to adult court and can be sentenced to adult prison. Children under 16 go to juvenile court. Youth, 14 and 15 year olds who commit serious crimes (robbery, larceny, assault, kidnapping and arson) will be transferred to adult court where they can receive the same punishment for a crime as an adult, except in murder cases where persons under 18 years of age may not be sentenced to death.

### Truancy

Skipping school is no longer a criminal charge. However, a juvenile may be referred to juvenile court under "Family with Service Needs" for truancy.

**For help or referral for a legal problem, call your family attorney or the Westport Police Youth Division...203-341-6080**  
Detective Sereniti Dobson.....203-341-6017  
Child Abuse and Neglect Hotline.....1-800-842-2288

## **PARENTING EDUCATION, GROUPS, AND WORKSHOPS POSITIVE YOUTH DEVELOPMENT (PYD) PROGRAMS**

### **WESTPORT DEPARTMENT OF HUMAN SERVICES**

Positive Youth Development Programs, 203-341-1069

[humansrv@westportct.gov](mailto:humansrv@westportct.gov) or [hsyouth@westportct.gov](mailto:hsyouth@westportct.gov)

**Positive Youth Development (PYD) of Westport/Weston** is a unique partnership of Westport's PTA's, United Way, Westport Schools, Department of Human Services and Positive Directions. Its mission is to promote the positive development of children and youth in their families, in their schools, among their peers, and in their communities. Westport families can participate in PYD offerings free of charge.

#### **Positive Youth Development Programs:**

**Mentor Program:** Community adults serve as friend, guide and role model for school-age children one hour per week at school, Grades K – 12

**ParentConnect:** Monthly grade-level network meetings, professionally facilitated outside of the school setting, Grades 6 – 11

**Community Service Corps:** Once a week, after-school community service program for middle school students, Grades 6 – 8

**Toquet Hall Teen Center:** A supervised drug and alcohol-free center for teens. Offering a variety of programs and recreational activities for Westport students, Grades 9 – 12, Grades 5-8 (Specified Events Only)

**School Psychologist Meetings:** Topical fall and spring, small group grade level discussions with the school psychologists, Grades 9 – 12

**Student Outreach Counselor:** Provides on-site support and short-term crisis intervention to high school students and their families, Grades 9 - 12

**Youth Commission:** A partnership of youth and adults, appointed by the First Selectman, responsible for promoting public knowledge and understanding of youth issues while promoting community responses to the issues, Grades 9 - 12

**Holiday Giving Program:** Volunteer donors (individuals, classrooms, or grade levels) volunteer to purchase holiday gifts for Westport families in need, K – 12

**"Jumpstart":** in collaboration with Westport's Homes with Hope, Westport Library, Westport School Social Worker and the Westport Family Y. This program serves as a forum for the community residing in the Westport Housing Authority developments and other moderate-income residents and families to network and address common concerns and to facilitate access to community resources

#### ***PYDoings – The email newsletter***

*Sent directly to your email address, this newsletter is the one place to go to find up-to-date information on what's going on for families/kids in Westport. You can begin receiving the newsletter by emailing your name and email address to [hsyouth@westportct.gov](mailto:hsyouth@westportct.gov).*

### **St Vincent's Behavioral Health Services**

47 Long Lots Road, Westport, CT 06880  
203-227-1251 or toll Free 1-800-543-3668

[www.hallbrooke.org](http://www.hallbrooke.org)

Offers intensive outpatient program, ambulatory services, school and after-school programs. Hall-Brooke provides a full range of inpatient and outpatient behavioral health and chemical dependency programs for children, adolescents, and adults. Treatment is brief, goal oriented and tailored to meet individual needs. Hours: 24 hours/day.

### **Jewish Family Service of Westport**

431 Post Road East, Suite 11, Westport, CT 06880  
203-454-4992 or 203-921-4161

[www.stamfordjfs.org](http://www.stamfordjfs.org)

Jewish Family Service offers counseling and psychotherapy, group, individual, marital therapy. Psychiatric consultation is available. Services are available to all members of the community, all religions & races. Workshops offered periodically.

### **Mentor Program**

Department of Human Services - Positive Youth Development Programs  
203-341-1165

[rosenkranz@westportct.gov](mailto:rosenkranz@westportct.gov) or [humansrv@westportct.gov](mailto:humansrv@westportct.gov)

Community adults serve as friend, guide and role model for school age children one hour a week at school. (Grades K-12)

### **New Learning Center, The**

49 John Street  
Southport, CT 06890  
203-307-3030

[www.newlearningcenter.com](http://www.newlearningcenter.com)

The New Learning Center has several services for families including evaluation services, parenting consultations, relationship groups for families, social skills group for children ages 8 - 13, parent training, and a Family Response Team which is available 24 hours per day, 7 days a week to assist families in crisis.

### **PARENTING EDUCATION, GROUPS, AND WORKSHOPS POSITIVE YOUTH DEVELOPMENT (PYD) PROGRAMS**

#### **Positive Directions, the Center for Prevention & Recovery**

420 Post Road West  
Westport, CT 06880  
203-227-7644

[www.positivedirections.org](http://www.positivedirections.org)

Positive Directions provides comprehensive counseling services including addictions, depression, anxiety and other emotional issues. In addition to counseling we provide free telephone advisory services, compulsive gambling counseling, intervention services, groups, parenting programs, community forums and workshops and employee assistance programs. Office hours are 9 to 5 Monday through Friday. Evening sessions are available by appointment. Sliding scale fees are available.

#### **Community Service Corps.**

Department of Human Services –  
Positive Youth Development Programs  
203-341-1072

Once a week, after-school community service program for middle school students, Grades 6 – 8. Children volunteer at Westport based non-profit organizations.

## RECREATION AND YOUTH ENRICHMENT RESOURCES

### *Internet Resources:*

#### **Fairfield County - Just for Kids**

Check their Calendar of Events for a complete listing of things to do for children and family in Fairfield County. Just For Kids Directory ...

[www.fairfieldcountyonline.com](http://www.fairfieldcountyonline.com)

#### **KidsEvents.com**

One Source for Kids' Events and Classes

[www.kidsevents.com](http://www.kidsevents.com)

#### **Guide to CTs public campgrounds**

[www.dep.state.ct.us/stateparks/camping](http://www.dep.state.ct.us/stateparks/camping)

#### **Westport Continuing Education**

[www.westportcontinuinged.com](http://www.westportcontinuinged.com)

Offering kids programs including sports, enrichment and the arts.

### *LOCAL RESOURCES AND PROGRAMS:*

#### **Toquet Hall (Teen Center)**

58 Post Road East (2<sup>nd</sup> Floor), *mailing:* 110 Myrtle Ave, Room 200; Westport, CT 06880  
203-341-1155

[www.toquethall.org](http://www.toquethall.org) [www.twitter.com/toquethall](https://twitter.com/toquethall)

[www.facebook.com/toquethall](https://www.facebook.com/toquethall)

[www.instagram.com/toquethall](https://www.instagram.com/toquethall)

A safe, drug and alcohol free, supervised environment for high school students and special events for middle schoolers. Pool tables, ping-pong, a sound system, TV, games and much more. Offers bands, DJs, video game tournaments, comedy, theater and many other various events on the weekends -- plus a well stocked snack bar!

## RECREATION AND YOUTH ENRICHMENT RESOURCES

#### **Park & Recreation Department**

260 South Compo Road, Westport, CT 06880

203-341-5090 (office) 203-341-5074 (cancellation hotline)

[www.westportct.gov](http://www.westportct.gov) go to Parks and Recreation Department for details on all of their programs and offerings.

Day camps, sports camps and year-round programs, golf, swim, tennis, sports leagues and inclusive programs for people with disabilities! No resident will be denied access or admission based on an inability to pay. Westport handpass required for Golf, Tennis, and Swimming.

#### **Longshore Club Park and Evan Harding Point**

260 South Compo Road, Westport, CT 06880

##### **Features:**

- 18 Hole Golf Course and Driving Range: **341-1833**
- Pro Shop **222-7535**
- Tennis Courts and Paddle Tennis: **227-0271**
- Picnic Area
- Three Swimming Pools: **227-1718**  
One 1ft. Wading, One 3 ft., One 25 yd. Lap
- Bathhouse with Locker Facilities
- Large Playscape
- Longshore Pavilion
- E.R. Strait Marina **226-3688**  
(Boat Assignment or Ramp Permit Required)
- Joey's By the Sea Concession Stand
- The P.A.L. Rink at Longshore  
November – March: **226-RINK**
- The Inn at Longshore: **226-3316**
- Splash Restaurant: **454-7798**  
Longshore Sailing School: **226-4646**  
[www.LongshoreSailingSchool.com](http://www.LongshoreSailingSchool.com)

## **WESTPORT SPORTS LEAGUES:**

Contact Parks and Recreation for further information.

### **Parks and Recreation**

260 South Compo Road, Westport, CT 06880  
203-341-5090 (main office)

[www.westportct.org](http://www.westportct.org)

[recreation@westportct.gov](mailto:recreation@westportct.gov)

**Skate Park** at Compo Beach provides a safe and challenging place for skateboarder and inline skaters to practice their sport.

### **PAL – Football & Cheerleading**

[www.fairfieldcountyfootball.org](http://www.fairfieldcountyfootball.org)

Westport: [FCFLWestport@hotmail.com](mailto:FCFLWestport@hotmail.com)

A non-profit volunteer organization; P.A.L. sports activities include football, basketball, cheerleading, softball, lacrosse and wrestling.

### **Westport Basketball Association**

A Westport Parks and Recreation Program, see above.

### **Westport Soccer Association**

PO Box 2561, Westport, CT 06880  
203-221-9900

[www.westportsoccer.org](http://www.westportsoccer.org)

Soccer programs for grades K-9

### **Westport Baseball and Softball**

[www.westportbaseballandsoftball.com](http://www.westportbaseballandsoftball.com)

## **WESTPORT SPORTS LEAGUES:**

### **Westport Lacrosse Association**

203-221-2069

[www.westportlacrosse.com](http://www.westportlacrosse.com)

The Westport Lacrosse Association is a non-profit organization of volunteer lacrosse enthusiasts who support Staples High School boys and girls teams and sponsor youth programs. Our teams are open to boys and girls who live in or attend school in Westport.

### **Westport Tennis Association**

227-0271

### **Westport Weston Family YMCA**

59 Post Road East

203-226-8981

[www.westportymca.org](http://www.westportymca.org)

Offering a wide variety of programs & services, the YMCA enriches the community by developing, strengthening, & promoting healthy lifestyles for individuals & families of all ages including gym, pool, group exercise, children's sports and camp programs including gymnastics, swimming, and a second location at Camp Mahackano.

## **CAMPS/FITNESS**

(See also Parks and Recreation p.60 or Human Services p.56 for resources)

### **Earthplace**

10 Woodside Lane, Westport, CT 06880

203-227-7253

[www.earthplace.org](http://www.earthplace.org)

Consists of a state-licensed nursery school and summer program; environmental education; wildlife rehabilitation & animal care; a natural history museum; the Harbor Watch/River Watch Program & state-licensed environmental laboratory; & wildlife sanctuary.

CAMPS/FITNESS

**Westport Weston Family YMCA**

59 Post Road East  
203-226-8981

***Mahackeno Outdoor Center***

37 Rices Lane  
203-226-4221

[www.westportymca.org](http://www.westportymca.org)

Offering a wide variety of programs & services, the YMCA enriches the community by developing, strengthening, & promoting healthy lifestyles for individuals & families of all ages including gym, pool, group exercise, children's sports and camp programs including gymnastics, swimming, and a second location at Camp Mahackano.

ARTS & THEATER

**Levitt Pavilion for the Performing Arts, The**

Jessup Road & Bernhard Plaza  
Concerts: 221-4422 • Office: 226-7600

[www.levittpavilion.com](http://www.levittpavilion.com)

A non-profit, open-air summer festival where a variety of entertainment is presented virtually every night in a beautifully landscaped amphi-theater, located on the banks of the Saugatuck River.

**Music Theater of Connecticut**

Music Theatre of Connecticut School of the Performing Arts  
246 Post Road East, P. O. Box 344, Westport, CT 06881  
203-454-3883

[www.musictheatreofct.com](http://www.musictheatreofct.com)

Music Theatre of Connecticut (MTC)'s School of Performing Arts provides quality performing arts education to all children and youth that focuses on the joy of accomplishment, increased self-esteem, personal expression and growth through classroom and performance work.

ARTS & THEATER

**Westport Country Playhouse**

25 Powers Court, Westport, CT 06880  
203-227-5137

[www.westportplayhouse.com](http://www.westportplayhouse.com)

Includes a kids' series!

**Westport Community Theater, Inc.**

110 Myrtle Avenue, Westport, CT 06880  
203-226-1983

[www.westportcommunitytheatre.com](http://www.westportcommunitytheatre.com)

**Westport School of Music**

18 Woods Grove Road, Westport, CT 06880  
203-227-4931

[www.wsmusic.org](http://www.wsmusic.org)

**Westport Arts Center**

51 Riverside Avenue, Westport,  
203-222-7070

[www.westportartscenter.org](http://www.westportartscenter.org)

Provides meaningful arts experiences for area residents.

## MUSEUMS & LIBRARY

### **Discovery Museum**

4450 Park Avenue, Bridgeport 06604  
203-372-3521

[www.discoverymuseum.org](http://www.discoverymuseum.org)

Their goal is to create positive feelings about science and science activities. Over 20 weeklong programs, the museum tries to establish a sense of wonder about robotics, space science, rocketry, engineering, television production, undersea exploration, computers, forensics, physics, weird science and more! For a complete description of the summer camps visit their website.

### **Earthplace**

10 Woodside Lane, Westport, CT 06880  
203-227-7253

[www.earthplace.org](http://www.earthplace.org)

Consists of a state-licensed nursery school and summer program; environmental education; wildlife rehabilitation & animal care; a natural history museum; the Harbor Watch/River Watch Program & state-licensed environmental laboratory; & wildlife sanctuary.

### **The Maritime Center**

10 North Water Street, Norwalk 06854  
203-852-0700

[www.maritimeaquarium.org](http://www.maritimeaquarium.org)

Explore the marine life and maritime culture of Long Island Sound. Watch sharks, jellies, sea turtles, and more than 1,000 other marine animals. Or enjoy a film in the IMAX movie theater.

### **The Rolnick Observatory**

Westport Astronomical Society, Inc.  
182 Bayberry Lane, Westport, CT 06880  
203-227-0925

## MUSEUMS & LIBRARY

### **Stepping Stones Museum for Children**

303 West Avenue, Norwalk

203-899-0606 X255..... [www.stepsstonesmuseum.org](http://www.stepsstonesmuseum.org)

### **The Weston Historical Society**

104 Weston Road, P.O. Box 1092, Weston  
203-226-1804

### **The Westport Historical Society**

25 Avery Place, Westport, CT 06880

203-222-1424.....[www.westporthistory.org](http://www.westporthistory.org)

An educational organization dedicated to preserving, presenting, and celebrating the history of Westport by preserving the town's heritage. Also offering some fun workshops for children.

### **Westport Public Library**

20 Jessup Road, Westport, CT 06880

203-291-4800.....[www.westportlibrary.org](http://www.westportlibrary.org)

## MISCELLANEOUS FAMILY FRIENDLY LISTINGS

### **First Night Westport-Weston**

PO Box 745, Westport, CT 06881 ...[www.firstnightww.com](http://www.firstnightww.com)

First Night Westport/Weston is the alcohol-free Celebration of New Year's Eve through the Arts. This event offers a safe, fun, creative, and entertaining 9 hour event for families with young children, teens, and people of all ages.

### **New Neighbors of Westport**

PO Box 643, Westport, CT 06881

203-227-7463.....[www.nnwestport.org](http://www.nnwestport.org)

The Westport New Neighbors program is a social, non-profit organization that has been dedicated to helping new residents develop friendships and assimilate into the community for 50 years. New Neighbors helps new families become familiar with all the cultural, social, recreational, and simply fun things to do and see in Westport & the surrounding areas.

## MISCELLANEOUS FAMILY FRIENDLY LISTINGS

Quick Links to Youth Sports Organizations:

- Fairfield County Basketball..... [www.fcblhoops.org](http://www.fcblhoops.org)
- Integrated Sports Training..... [www.integratedsportstraining.com](http://www.integratedsportstraining.com)
- Longshore Golf..... [www.longshoregolf.com](http://www.longshoregolf.com)
- Longshore Sailing School..... [www.longshoresailingschool.com](http://www.longshoresailingschool.com)
- Our Heroes..... [www.ourheroestoday.com](http://www.ourheroestoday.com)
- Peak Performance Sports Camps..... <http://www.peakperformancesports.net/>
- U.K. International Soccer..... [www.uksoccer.com](http://www.uksoccer.com)
- Westport Basketball Association..... [www.westportbasketball.org](http://www.westportbasketball.org)
- Westport Board of Education..... <http://www.westport.k12.ct.us/>
- Westport Continuing Education..... <http://www.westportcontinuinged.com/>
- Westport Field Hockey..... <http://www.westportfieldhockey.com/>
- Westport Little League..... <http://www.westportbaseballandsoftball.com/>
- Westport P.A.L. Rink at Longshore..... <http://www.wpalrink.com/>
- Westport Police Athletic League..... <http://www.westportpal.org/>
- Westport Soccer Association..... <http://www.westportsoccer.org/>
- Westport Tennis Club..... <http://www.westporttennisclub.com/>
- Westport/Weston Family Y..... <http://www.westporty.org/>

## SEXUALITY

ORIENTATION:

### ***Gay, Lesbian, Bi-sexual and Transgender Resources:***

#### **Internet Resources for GLBT youth:**

Outspoken Youth Group  
227-1755  
[www.ctgay.org](http://www.ctgay.org)

#### **Parents, Families and Friends of Lesbian, Gay, Bi-sexual, and Transgendered Persons**

[www.PFLAG.org](http://www.PFLAG.org)

#### **National Coalition for Gay Lesbian, Bi-Sexual and Transgender youth**

[www.outproud.org](http://www.outproud.org)

#### **Youth Source, a project of Advocates for Youth**

[www.youthsource.com](http://www.youthsource.com)

#### **True Colors-Sexual Minority Youth & Family Services**

888-565-5551

[www.ourtruecolors.org](http://www.ourtruecolors.org)

#### **Gay, Lesbian and Straight Education Network (GLSEN)**

212-727-0135

#### **Trevor Helpline**

800-850-8078

Many schools have Gay/Straight Alliances. Call True Colors or GLSEN (numbers above) to ask about GLBT support systems in your school and community.

*HARRASSMENT OR DISCRIMINATION:*

**The Lesbian, Gay, Bisexual, and Transgender Hate Crimes Project (CWEALF)**  
800-479-2949

**CT Commission on Human Rights and Opportunities**  
800-477-5737  
[www.state.ct.us/chro](http://www.state.ct.us/chro)

*AIDS and STD SERVICES:*

**CDC National Prevention and Information Network (NPIN)**  
800-458-5231, M-F 9am-8pm  
[www.cdcnpin.org](http://www.cdcnpin.org)

A Service of the CDC National Center for HIV, STD, and TB Prevention (NCHSTP)

**National STD Hotline**  
800-227-8982  
Open 24 hours a day, 7 days a week for questions and counseling.

*LOCAL SERVICES AND TREATMENT FOR PEOPLE LIVING WITH AIDS/HIV:*

**AIDS Clinic/Treatment Center**  
Norwalk Hospital  
203-852-2437

**City of Norwalk Health Clinic**  
137 East Avenue, Norwalk, CT 06851  
203-854-7776 ext. 7976  
Services include an STD clinic, HIV clinic, travel immunization clinic, and women and infants clinic.

**LOCAL SERVICES AND TREATMENT FOR PEOPLE LIVING WITH AIDS/HIV:**

**Bread and Roses**  
141 Franklin Street, Stamford, CT  
203-388-0188  
Services include support groups for people with AIDS/HIV, and their families. Also provides case management, and referrals of support services to meet the physical, psychological and social needs of people with AIDS/HIV.

**Mid-Fairfield AIDS Project**  
16 River Street, Norwalk, CT 06850  
203-855-9535  
[www.mfap.com](http://www.mfap.com)  
Offers long- and short-term mental health counseling, support groups, referrals, advocacy, housing, alternative therapy, transportation, medical help, drug treatment, partner notification and emergency funds for people living with AIDS/HIV.

**Turning Points of Connecticut (formerly L.M.G)**  
and AIDS Support Group  
159 Colonial Road, Stamford, CT 06906  
203-384-9301  
[www.lmgprograms.org](http://www.lmgprograms.org)  
Services include support groups, in- and out-patient care, and anything else someone living with AIDS may need as well as many other mental health and substance abuse services.

**Westport-Weston Health District**  
180 Bayberry Lane, Westport, CT 06880  
203-227-9571  
[www.wwhd.org](http://www.wwhd.org)  
AIDS screening, testing and counseling available every Monday afternoon among other services.

LOCAL SERVICES AND TREATMENT FOR PEOPLE LIVING WITH AIDS/HIV:

**Planned Parenthood of South Norwalk**

50 Washington Street, South Norwalk, CT 06854

203-853-2605

[www.ppct.org](http://www.ppct.org)

Services include Pap smears, STD testing, HIV/AIDS testing, blood smears to check for infections, breast exams, pelvic exams, pregnancy testing, blood tests and birth control. Call for hours.

**United Way Infoline Crisis Helpline**

1-800-233-HELP

Call with any crisis, and get connected with the appropriate resource.

CALL  
INFOLINE:  
211  
24 hour,  
free,  
confidential  
hotline for  
information  
and  
resources.

**VOLUNTEERING/COMMUNITY SERVICE RESOURCES**

“Community Service for High School Students” Request a Community Service booklet for High School Students. Or click on Volunteer at United Way @ [www.infoline.org](http://www.infoline.org)

*Most schools have **Key Clubs** that are specifically designed to provide volunteer opportunities for young people.*

**Community Service Corps. for Middle School Students**

Department of Human Services

110 Myrtle Avenue, Westport, CT 06880

203-341-1072

The Community Service Corps. is an after-school program, which provides community service for Middle School students with training, supervision, and time for reflection

**Voluntary Action Center of Mid-Fairfield**

One Park Street, Norwalk, CT 06851

203-849-1111

They match the interests of individuals with the needs of organizations in the area. There is also a website [www.communityplanning.org/hscvac](http://www.communityplanning.org/hscvac)

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