



Compo Beach Volleyball Camp



Welcome to the Westport Parks and Recreation Compo Beach Volleyball Camp. This program is designed for players who want to have fun as they learn both about volleyball and further their all-around skills in their beach and indoor game. Beach Volleyball is a fun sport that can be played for a lifetime. Additionally, it has been shown to improve player's strength and skills for the indoor game. Jon Shepro, the Head Girls Varsity Volleyball coach at Staples High School, runs this camp and is assisted by Brendan Giolitto. Jon has won several state championships and Coach of the Year awards during his 20 years coaching volleyball.

General Program Information

The Beach Volleyball programs are divided into two session, Middle School Girls and High School Co-Ed. The emphasis is on safety, fun, and learning. The middle school camp will focus on passing, setting, attacking, defense and serving. While the high school week will include strategy as well as plenty of time to practice and play games. If you have never played volleyball or you are looking to improve your game, this camp is sure to meet your goals in the most fun environment.

Girls Middle School Camp

	Date:	Day:	Time:	Location:
Session 1	July 29 – Aug. 1	M – Th	9:00 – 11:00 am	Compo Beach Courts

Boys and Girls High School Camp:

	Date:	Day:	Time:	Location:
Session 1	July 29 – Aug. 1	Mon – Thurs	2:30 – 4:30 pm	Compo Beach Courts

WHAT TO BRING

Attire should be comfortable clothing such as, shorts, T-shirt or Tank top and sneakers and socks or barefoot, and a hat if preferred. Bring plenty of water or sports drink, along with sunscreen.

RAIN DAYS

This program is an outdoor program and does not have any indoor facilities. Any day the fields might be unplayable due to rain, it is up to you to call the cancellation line at the Parks and Recreation Office, **(203) 341-5074** to find out if the program is still on. There are no make-ups or refunds due to inclement weather.

DROP OFF AND PICK UP

Please pick up and drop off your child at Compo Beach. Staff will be available 15 minutes prior to start time to receive participants.

GENERAL RULES

- All participants are expected to respect each other and all staff. Discipline problems will not be tolerated and are grounds for immediate dismissal with no refund.
- At the end of each day, please be sure to pick up all personal belongings. There is no lost and found.

The Westport Parks and Recreation Department wants this to be an enjoyable experience for all participants. Please take the time to read this information with your child before they attend the program.