



Little Tennis Discovery



The Little Tennis Discovery Program is for boys and girls, ages 3 – 5 (not enrolled in Kindergarten) a fun introduction to the game of tennis through games and activities. Instructor to participant ratio is 4:1. Instruction will incorporate the USTA Red Ball which is the slowest and lowest bounce making hitting the ball easier.

LEVEL DESCRIPTIONS

First Hits:

This program is designed to give toddlers **ages 3 - 5 (not enrolled in Kindergarten)** a fun introduction to the game of tennis through games and activities. Students will be introduced to forehand, backhand, volley and exercise hand-eye coordination. Instructor to participant ratio is 4:1. Instruction will incorporate the USTA Red Ball which is the slowest and lowest bounce making hitting the ball easier.

Red Rallyers:

For participants ages 4 - 5, that have taken at least two sessions of First Hits. Participants will be taught basic tennis skill such as forehand, volley, backhand, hand-eye coordination exercises and will incorporate fun games to introduce hitting back and forth.

GENERAL PROGRAM INFORMATION

Classes offered during the fall will take place at the **Longshore Tennis Courts** on the following dates:

Boys and Girls ages 3 - 5:

Tuesdays:	Sept. 10 – Oct. 15	3:45 pm – 4:30 pm	First Hits	PW 101
		3:45 pm – 4:30 pm	Red Rallyers	PW 102
Fridays:	Sept. 13 – Oct. 18	3:45 pm – 4:30 pm	First Hits	PW 201
		3:45 pm – 4:30 pm	Red Rallyers	PW 202

DROP OFFS AND PICK UPS

Please make sure you drop off and pick up your child promptly. Consistent lateness in either dropping off or picking up is cause for dismissal from the program. Children should arrive for their lesson about 10 minutes before start time and make sure they are prepared with the proper equipment.

RAIN DAYS

All instruction is OUTDOORS. There are no indoor facilities. Any day that the courts might be unplayable due to rain, it is up to you to call the cancellation line at the Parks and Recreation Office, **(203) 341-5074** to find out if lessons will still be held. You may also check **Twitter @westportparkrec and our Facebook “Westport Parks and Recreation” for cancellation updates.** There are no make-ups due to inclement court conditions.

WHAT TO BRING FOR INSTRUCTION

- ▶ Attire for the lesson should be a short sleeve shirt, shorts and sneakers with socks. If the weather seems to be cool, a sweatshirt, jacket or sweatpants would also be appropriate.
- ▶ Something to drink such as bottled water.
- ▶ We have racquets available for Pee Wee Instruction. If you would like to bring your own, you may. Recommended size for racquets is 21” – 22”.

GENERAL RULES

- ▶ All participants are expected to respect each other and all staff. Discipline problems will not be tolerated and are cause for immediate dismissal with no refund.
- ▶ At the end of each lesson, please be sure to pick up all belongings. There is no lost and found.

The Westport Parks and Recreation Department wants this to be an enjoyable experience for all participants. We ask that parents please take the time to read this information with their child so he/she understands all the rules and regulations.