



Parent & Me Soccer Squirts Parent & Me Multi Sports Squirts Fall Session

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Welcome to the Westport Parks and Recreation **US Sports Institute Parent & Me Soccer and Total Sports Squirts programs**. Parent & Me Soccer Squirts classes are a fun and positive introduction to soccer for children aged 2-3 and their parents. With a parent participating by their side, this program will stimulate a child's imagination, develop motor skills and encourage social interaction. In this class children will learn basic soccer skills, including dribbling, shooting, and passing.

GENERAL PROGRAM INFORMATION

The Sports Squirts program is available to boys and girls ages 2 - 3. As with all Squirts programs, the emphasis is on safety, fun, and learning. With a parent participating by their side, this program will stimulate a child's imagination, develop motor skills and encourage social interaction. Children will experience a different sport within each class, including soccer, lacrosse, T-ball, basketball, floor hockey and flag football.

Parent & Me Soccer Squirts- *Cancelled*

Sept. 16 – Oct. 28 (No class 9/30)

Monday: 3:00 - 4:00pm

Ages: 2 - 3 with parent / care giver

Parent & Me Multi Sports Squirts

Sept. 20 – Oct. 25

Friday: 3:00pm – 4:00 pm

Ages: 2 – 3 with parent / care giver

Location: Compo Beach Field (*no Westport beach emblem required*)

WHAT TO BRING

Attire should be comfortable clothing such as, shorts or sweatpants, T-shirt or sweatshirt and sneakers and socks. Please bring a sweatshirt or warm-up jacket for cool weather. Bring plenty of water or sports drink.

RAIN DAYS

This program is an outdoor program and does not have any indoor facilities. Any day the fields might be unplayable due to rain, it is up to you to call the cancellation line at the Parks and Recreation Office, **(203) 341-5074** to find out if the program is still on. You may also check **Twitter @westportparkrec and our Facebook "Westport Parks and Recreation" for cancellation updates**. There are no make-ups or refunds due to inclement weather.

DROP OFF & PICK UP

This is not a drop off program. Please obey all traffic and parking regulations to avoid being ticketed.

GENERAL RULES

- All participants are expected to respect each other and all staff. Discipline problems will not be tolerated and are grounds for immediate dismissal with no refund.
- At the end of each day, please be sure to pick up all personal belongings. There is no lost and found.

The Westport Parks and Recreation Department wants this to be an enjoyable experience for all participants. Please take the time to read this information with your child before they attend the program.