



# LITTLE TENNIS DISCOVERY

Welcome to the Westport Parks and Recreation Department's instructional LITTLE TENNIS DISCOVERY program. This program has been structured and designed to accommodate ALL participants. Our tennis staff has planned fun and exciting activities for our little ones that teach the basics of tennis in an enjoyable way.

## **THE PROGRAM:**

The *LITTLE TENNIS DISCOVERY* program is designed for boys and girls, ages 3 - 5. Participants are provided with a variety of drills, games and activities in order to learn the basic fundamentals of the game of tennis. The **First Hits** lessons will use a USTA Red ball and will be a fun introduction to tennis incorporating USPTA Little Tennis along with other games and activities. The **Red Rallyers** lessons are for participants 4 – 5 years old and have taken at least two sessions of tennis instruction. Basic skills such as forehand, backhand will be taught as well as fun games to introduce hitting back and forth. A 21" or 23" racket is provided for the child. **All classes will be held at the Longshore Courts.**

***Classes are offered in the spring and summer months. Please consult your program guide for this detailed information.***

## **DROP OFF, PICK-UP AND PARKING:**

When dropping off, picking up or parking for any of the tennis programs, we ask that you please obey all traffic signs by parking in the assigned areas only. Children will be released only to parent or guardian. If someone will pick up your child other than the parent, **THE PARENT MUST INFORM THE STAFF IN WRITING** prior to pick up. We ask that you be prompt in dropping off and picking up your child.

## **RAIN DAYS:**

All instruction is OUTDOORS. There are no indoor facilities. Any day that the courts might be unplayable due to rain, it is up to you to call the cancellation line at the Parks and Recreation Office, **(203) 341-5074** to find out if lessons will still be held. We will wait until the last possible moment to cancel, about a half hour before the scheduled start time. There are no make-ups or refunds due to inclement court conditions.

## **WHAT TO BRING:**

- Attire for the lesson should be a short sleeve shirt, shorts and sneakers with socks. If the weather seems to be cool, a sweatshirt, jacket or sweatpants would also be appropriate.
- Something to drink such as bottled water.
- Suntan lotion and hat to protect the participant from the sun.
- We will be providing rackets for Pee Wee Instruction. If you would like to bring your own, you may also. Recommended sizes for rackets are 21" – 23".

## **GENERAL RULES:**

- Please be prompt and on time for your lesson. The instructors will not wait for you to begin.
- All participants are expected to respect each other and all staff. Discipline problems will not be tolerated and are grounds for immediate dismissal from the program with no refund.
- At the end of each lesson, please be sure to pick up all belongings. There is no lost and found.

The Westport Parks and Recreation Department wants this to be an enjoyable experience for all participants. We ask that parents please take the time to read this information with their child so he/she understands all the rules and regulations.