

*Tenant's Description of Business per Mohamed Elsamra's email sent on 10/4/20:*

We are Healthcare professionals. I have worked in Westport since 2016 (8 Right Street and 51 Riverside Avenue)

Mohamed Elsamra: Psychiatrist, works 4 times a week

Lila Sussman: Therapist, works 3 times a week

Alexis Holmes: Therapist, works 3 times a week

Stefania: Intern therapist, works 2 times a week

Morgan: Assistant and scheduler, works 4 times a week

## E L E V A T E

health and wellness:

We believe that our goals can be summarized in these 3 points:

- 1) We help everyone take their first step in their journey to find happiness
- 2) We provide quality mental health care to the community through best trained healthcare professionals in the field.
- 3) We believe in accepting healthcare insurance coverage for our clients (not out of pocket pay).

Services we provide: Outpatient level of care

Psychiatric evaluation and medication management

Individual therapy

Couple and family counseling

Grief counseling

Nutrition and holistic consultation.

How we practice:

Outpatient level of care: Scheduled appointments

Psychiatric evaluations: 60 minutes

Therapy: 60 minutes

Psychiatric follow ups: 30-45 minutes

We use different software's for clients' care and we don't keep paper charts.

We are not an acute care practice

We are not a rehab facility

We are not licensed to do medical detoxification