



**Soccer Squirts - Parent & Me**  
**Total Sports Squirts - Parent & Me**  
**T-Ball - Parent & Me**  
**www.ussportsinstitute.com**



Welcome to the Westport Parks and Recreation US Sports Institute Parent & Me Total Sports Squirts and Soccer Squirts Programs. Children will have the opportunity to learn specific soccer skills in the Soccer Squirts as well as to be introduced to multiple types of sports in our Total Sports Squirts. Both of the Squirts programs are ideal for the child who wants to try their hand at a little of everything and is just starting out in the world of sport.

**General Program Information**

The Soccer and Total Sports Squirts programs are available to boys and girls ages 2 – 3 and their caregivers. As with all Squirts programs, the emphasis is on safety, fun, and learning. All sports are presented in a positive and relaxed environment with an emphasis on participation, interaction, and communication. Hand-eye coordination along with movement and balance are the focus of this program. **Care givers must participate with the child.**

**Parent & Me Soccer Squirts**

	<b>Date:</b>	<b>Day:</b>	<b>Time:</b>	<b>Location:</b>
Spring Session:	April 28 – June 23 (No May 26)	Sunday	2:00 – 3:00 p.m.	Luciano Field
Summer Session:	July 10 – Aug. 14	Wednesday	3:30 – 4:15 p.m.	Burr Farms Field

**Parent & Me Multi Sports Squirts**

	<b>Date:</b>	<b>Day:</b>	<b>Time:</b>	<b>Location:</b>
Spring Session:	April 26 – June 14	Friday	2:00 – 3:00 p.m.	Luciano Field
Summer Session:	July 7 – August 11	Sunday	9:00 – 9:45 a.m.	Luciano Field

**Parent & Me T-Ball Squirts:**

	<b>Date:</b>	<b>Day:</b>	<b>Time:</b>	<b>Location:</b>
Spring Session:	April 28 – June 23	Sunday	9:30 – 10:30 a.m.	Luciano Field
Summer Session:	July 9 – August 13	Tuesday	3:30 – 4:15 p.m.	Burr Farms Field

**WHAT TO BRING**

Attire should be comfortable clothing such as, shorts or sweatpants, T-shirt or sweatshirt and sneakers and socks. Please bring a sweatshirt or warm-up jacket for cool weather. Bring plenty of water or sports drink.

**RAIN DAYS**

This program is an outdoor program and does not have any indoor facilities. Any day the fields might be unplayable due to rain, it is up to you to call the cancellation line at the Parks and Recreation Office, **(203) 341-5074** to find out if the program is still on. There are no make-ups or refunds due to inclement weather.

**DROP OFF AND PICK UP**

Please pick up and drop off your child at the designated location. Staff will be available 15 minutes prior to start time to receive participants.

**GENERAL RULES**

- All participants are expected to respect each other and all staff. Discipline problems will not be tolerated and are grounds for immediate dismissal with no refund.
- At the end of each day, please be sure to pick up all personal belongings. There is no lost and found.

The Westport Parks and Recreation Department wants this to be an enjoyable experience for all participants. Please take the time to read this information with your child before they attend the program.