

Emergency Preparedness Checklist



The next time disaster strikes, you may not have much time to act. Prepare now for a sudden emergency and discuss it with your family. Learn how to protect yourself and cope with disaster by planning ahead. This checklist will help you get started.

- Sign up for Nixle alerts:** Text 06880 to 888777 for timely emergency notifications
- Know evacuation routes:** Especially if you live in a flood zone
- Prepare an emergency kit:** Include water, food, first-aid, lights, radio, etc.
- Create a communication plan:** Decide how to contact family/friends during a crisis
- Secure your home:** Trim trees, bring in loose objects, reinforce against damage
- Stockpile essentials:** Water, food, medications, pet supplies, etc.
- Learn basic first aid:** Take a course to be able to help yourself and others
- Have a backup power source:** Consider a generator for extended outages
- Stay informed:** Follow local news, weather, and official social media
- Make a home inventory:** This helps for insurance claims after a disaster
- Review insurance coverage:** Ensure it's adequate for your property and risks